# ENGLISH 2A



**Adult Literacy Program** 

Student's Book

# **Semester 1**

**Edition 1444-2022** 

School:	
Name:	
Class:	

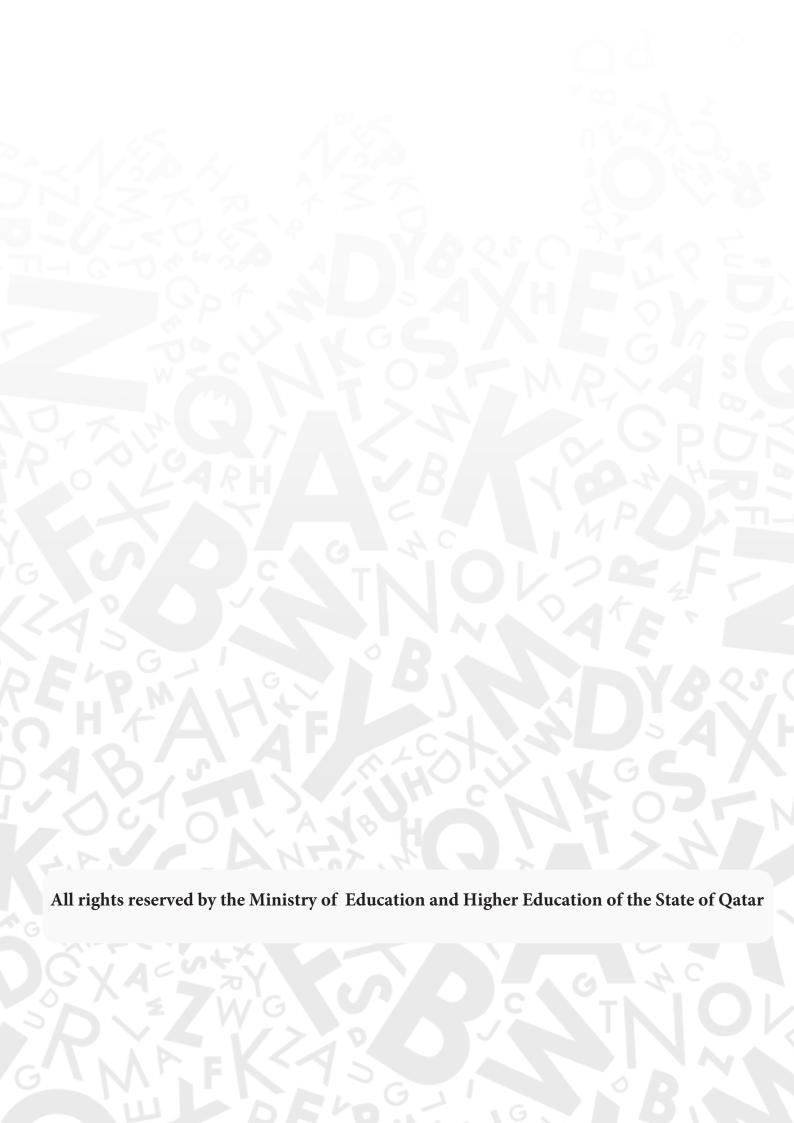
This book has been written and reviewed by curriculum specialists from the Curriculum and Learning Resources Department



# النشيد الوطني

قَسَماً بِمَنْ رَفَعَ السَّمَاءُ قَطَرْ سَتَبِقَى حُرَّةً فَطَرْ سَتَبِقَى حُرَّةً سِيرُوا علَى نَهْجِ الأُلَى قَطَرْ بِقَلْبِي سِيرَةٌ قَطَرْ بِقَلْبِي سِيرَةٌ قَطَرُ الرِّجَالِ الأَوَّلِين وَحَمَائِمٌ يَوْمَ السَّلاَمُ

قَسَمًا بِمَنْ نَشَرَ الضِّياءُ
تَسْمُو بِرُوحِ الأَوْفِياءُ
وَعَلَى ضِياءِ الأَنْبِيَاءُ
عِلْ وَأَمْجَادُ الإِبَاءُ
حُمَاتُنَا يَوْمَ النِّدَاءُ
جَوَارِحٌ يَوْمَ الفِدَاءُ



#### **Preface**

The Permanent Constitution of the State of Qatar highlights education as one of the most fundamental pillars of social progress, declaring that the State shall ensure, foster and endeavour to spread education. In light of that responsibility and to fulfil the mission of the Ministry of Education and Higher Education to regulate and support high quality learning opportunities across all educational levels, the department of Curriculum and Learning Resources has developed the Common Framework for Adult Literacy Program which has guided the authors and helped construct this English Language book for adult learners.

English 2A for Adult Literacy Program is based on a communicative learner-centred approach. This methodology makes sure adult learners are actively engaged in learning and using the English language to express themselves, interact with others and discover their environment. The vocabulary and structures are carefully introduced, gradually developed and systematically revised in a building-block strategy. The four skills of the English language (listening, speaking, reading and writing) are developed in an integrated way throughout the book.

The authors hope this book would be a valuable and effective educational resource for students and teachers.

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The symbols below are found in the Student's Book and represent the following:

•			
listen	speak	read	write



# Module 1 HEALTH

#### LEAD-IN

- What do you do when you don't feel well?
- Have you ever been ill? Why?
- What should you do when you have a headache?
- Where do sick people go?
- What do they need?
- How can you help ill people?
- Who helps you at the hospital?
- What do they tell/give you?



# What's the matter?

Listen then answer the following questions.

Wake up, Layla. You're late for school.

1

What's the matter?

l've got a headache and a sore throat. I'm sick.

Mum, my right ear hurts.

Oh, no! You 've got a fever.

Stay in bed, my dear. I must call the family doctor.

I don't feel very well. I've got a terrible cough.

Thank you, my dear.

What's wrong, Mr. Othman?

You should take your medicine and rest. I hope you feel better soon.

Not really. I think I've got a bad cold.



Are you feeling okay, Mum?

Poor you! How awful! You should go to the hospital.

		4	Are
No I'm not I've get			
No, I'm not. I've got			Oh
a stomach ache. It's painful.	A NY	No.	Oh tak
			I

e you all right, Mr. Carter? nat's the matter?

n, I'm sorry to hear that. Let's ke you to see α doctor.

1	Listen	and	match.
	,		

The four dialogues are about .....

a. work problems.	
b. family problems.	
c health problems	

## Listen and complete the table.

Person	Problem
Layla	
Mr. Othman	
Mother	
Mr. Carter	

## Listen and underline the correct word

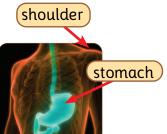
- a. Layla has got a (sore terrible poor) throat.
- **b.** Layla hasn't got a (headache fever stomach ache).
- c. Layla's Mum calls (Dad the doctor school).
- d. Mr Othman has got a terrible (headache cold cough).
- e. Mum is sick and should go to the (hospital pharmacy supermarket).
- f. Mr. Carter has got a (fever stomach ache cough).

# **Listen then complete:**

- a. Poor you! How \_\_\_\_\_.
- **b.** Oh, I'm \_\_\_\_\_ to hear that.
- Now, practise the dialogues.













knee

feel - feeling















hurt

cough



sneeze



take the medicine



stay in bed



painful

#### body pain



Headache



toothache







stomach ache



fever



sore throat



earache



a cold

terrible wrong all right better soon

Not really Poor you How awful

#### Note

- What's the matter? / What's wrong? / Are you feeling okay? / Are you all right?



- I don't feel well. / I've got a terrible pain/a headache/a cold/a cough /... .
- Oh, dear! / I'm sorry to hear that. / Poor you! / How awful! / I hope you feel better soon.
- I must call the doctor. / She must stay in bed. / You should take your medicine. / He should go to the hospital.



# 2 Work in pairs. Ask and answer.



















You should see a doctor. I hope you feel better soon.



3 Now, over to you.



What's the matter?
I don't feel well. I've got a ...
Oh! I'm sorry to hear that. You should ...



What's wrong?
I've got a ...
Poor you! you must ...





#### Read then answer the following questions.

Dear Samantha,

I hope you are well.

Today I am not at school. I am sick. I have got a headache and a sore throat. My two sisters, Suzan and Mary are in bed because they do not feel well. Suzan has got a terrible cold and a stomach ache. Mary has got a fever and her left ear hurts. My mother feels really sad for Mary because she has a lot of pain and she is crying all the time.

My mother says that we should stay at home today. My father is at work. My mother calls him and says, "We have to take the girls to the hospital and get them some medicine."

My grandmother is in the kitchen now. She is making a hot soup for us. She says, "Hot soups are good for ill people. Eat your soup and rest."

OK. I must go now. I hope we get better soon.

Bye Jane

Jane's email is mainly about ...

- a- Jane and her sisters b- Mum and Dad
- c- Grandma
- 2 Who is in the pictures? Tick the right name.



Jane 

Mary 

Suzan

- 3 Read and write T for True and F for False.
  - a. Jane has got a headache.
  - **b.** Suzan has got a fever.
  - c. Their mother is happy.
  - d. The girls are at school.
  - e. Their father is at the hospital.
  - f. Their grandmother is making some orange juice.

1 Look, write and say.
------------------------

cough - cold - sore throat - temperature - headache - backache - toothache - stomach ache



b.





d.



a throat

f.







Look and write.

sad - fever - Poor - stomach ache - sick - throat - matter - got - hospital

- a. What's the ?
  - I'm ......

I've got a .......

- Oh! ..... you! You must 



really ......





Now, over to you.

I really don't I've got and I must

Draw or stick a picture.

# At the doctor's

#### Listen then answer the following questions.

Hello. Doctor Burton's surgery. Can I help you?

Certainly. When would you like to come?

Doctor Burton is busy all day today but tomorrow at 8 am is possible.

That's right.

Hello, my name is Paul. Can I make an appointment?

Can I come today? I've got a bad cold and I need to see the doctor immediately.

Ok, great. So, tomorrow 8 am, with Doctor Burton.

OK. Thank you. Bye.

Good morning, Mr Jones. What seems to be the problem?

Well doctor, I'm feeling really tired. I've got a sore throat and a bad cough, too.

2

Where does it hurt exactly?

Well, I'd better take a look.



Is it painful if I do this?

Yes, it is.

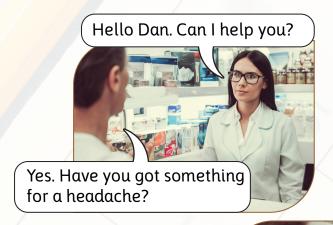
I think that you've got the flu. You should drink lots of fluids and stay in bed. I recommend aspirin to relieve the aches and pains.



Thank you doctor.

times a day.

# Listening (2)





What have you got for a blocked nose?

How often should I use

Yes, you can try this nose spray. It's very good.

Twice a day. the nose spray?

WENT WAY

Listen and match. Where are they?

Conversation 1

Conversation 2

Conversation 3







Listen and write (Dan - Paul - Mr Jones) in the correct box.

A. He has a cold

B. He has a sore throat.

C. He has a headache.

Listen and write True or False.

A. Paul has an appointment today at 8 am.

B. Mr Jones has a pain in his throat.

C. Mr Jones needs aspirin for the pain.

D. Dan has tablets for his nose.

Now, practice the dialogues.



# Say the words.







appointment



dentist



tired



busy



nose spray



blocked nose



ache = pain



overweight





cream



shower



twice a day = two times



#### Note



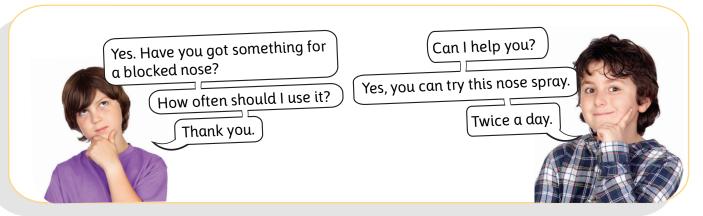
- Can I help you?
- Can I make an appointment? / I'd like to make an appointment.
- Have you got something for ...? / What have you got for ...?
- How often ... ? Two times.
- How many ...? Two tablets.



# 2 Look at the pictures then make dialogues.







3 Now, over to you.



Can I help you?

Have you got something for ...?

How often ...?



Can I help you?
What have you got for ...?
How many ...?

2-

company. I work for eight hours every

day, from Monday to Friday. I always

use a computer. I have a terrible pain

are big shopping centres and good

restaurants. When I go shopping with

my friends, we love eating in fast food

restaurants. I don't like sports and I

am overweight. What should I do?

in my back. What should I do?

4-



I am a secretary in a big

I live in the city. There

**Lisa**, 54

#### Read then answer the following questions.

I brush my teeth every day before going to bed. I like to eat a lot of chocolate when I study. I have a bad toothache. What should I do?

Maryam, 18

3-

1-

Iam a university student and I have exams soon. I study all night long. To stay awake, I usually drink a cup of tea or coffee. When I go to bed, I can't sleep. In class, I often feel tired. What should I do?

Sameer, 21

1 Read and write the title.

A bad toothache

I can't sleep

I am overweight

A terrible backache

Rayan, 19.

Read and match the texts with the answers.

**A)** You should eat healthy food at home, and you should exercise.

**C**) You shouldn't drink much coffee or tea after 8 pm. Start studying immediately after you come home. Take a warm shower before you go to bed.

**B**) You shouldn't use the computer all day long. Sometimes, you should stop working and walk for 5 minutes.

**D**) Sweets are bad for your teeth. You should stop eating chocolate. You should go to the dentist.

Read and write T for True and F for False.

1. Maryam loves shopping.

2. Lisa has got a backache.

3. Sameer cannot sleep well.



Look, trace and write.

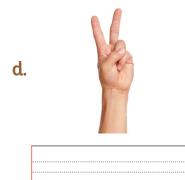
pain - twice - dentist - busy



tired











appointment

- Read, look and write.
  - 1. Stop \_\_\_\_\_ (eating/eat) chocolate and brush your teeth twice a day.
  - 2. Fatma loves ...... (shopping/shop) in the mall.
  - 3. She eats a lot of sweets. She has a \_\_\_\_\_ (backache/toothache).
  - 4. (Take a shower/Drink a coffee) before you go to bed



Now, over to you.



I am a chef. I like food. I am overweight. What should I do?

# Take care!



Radio presenter: Good Morning everyone. I'm Alan Blake. Welcome to the morning show "Be Safe". I have a special guest with me today.

Guest: Thank you, Alan. I'm Dr Jones. I'm the area dentist.

Radio presenter: Right! But why do people like you?

Guest: Oh, that's because I tell them funny stories. They listen and forget about their teeth.

Radio presenter: Wow! Great idea! What can you tell the children listening to us?

Guest: Children must take care of their teeth. They should brush them after each meal.

They should see the dentist twice a year.

Radio presenter: Thank you for the advice, doctor, and thank you for coming today.

Guest: Thank you for having me.



Radio presenter: My second guest is Katherine. Good morning, Katherine. What do you do?

Guest: Good morning, Alan. I'm a nurse. I work at the hospital.

Radio presenter: Do you like your job?

Guest: Of course. I think it is an important job because I help people.

Radio presenter: Great! What can you advise our listeners to do?

Guest: Yes. You should eat healthy food. Many people are sick because they eat fatty food. Also, you must exercise. It is good for the heart and the lungs! Half an hour a day is perfect.

Radio presenter: What should we do when don't feel well?

Guest: You should relax and rest. If you don't get better, you must see a doctor.

Radio presenter: Thank you, Katherine and be safe!

# Listening (1)



Mr Jones, you must lose weight. If you don't, you'll have serious problems.

Really Doctor? Should I lose weight?







You should exercise. You should eat a lot of fruit and vegetables. You must stop eating sweet deserts.

1 Listen and choose.

The listening is about:

a. food

b. safety

c. sport

2 What do they do? Listen and match.









presenter

doctor

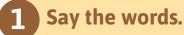
dentist

nurse

3 Listen and circle True/False.

Alan tells funny stories.
 Children should see the dentist every day.
 Katherine doesn't like her job.
 People must exercise for an hour every day.
 Mr Jones can eat sweet deserts.
 True False
 True False

4 Now, practise the dialogues.

















relax/rest

exercise

fatty food

safe

dangerous











teeth

heart

lungs

lose weight

give advice











sweet dessert

diet

raw

cooked

speed limit











traffic lights

bike / bicycle

scooter

skateboard

seatbelt









helmet

tooth

cross the road

guest

#### Note

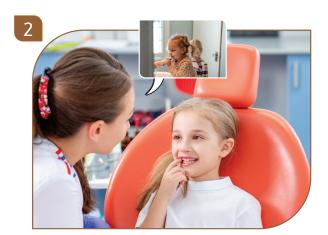


- I'm worried about ...
- What do you advise ...?
- You/They should brush/eat/relax ...
- You must stop ...
- Thank you for the advice.
- lung lungs
- tooth teeth



# 2 Look at the pictures then make dialogues.













3 Now, over to you.



What should I ... ?
You should ...
Thank you for the advice.



What do you advise me to do? You must ...

Thank you for the advice.





#### Read then answer the following questions.



Children should wear a helmet every time they ride on anything with wheels: bikes, scooters, and skateboards.

2

#### **CLEAN**



Wash your hands for 20 seconds with soap and water before, during, and after cooking.

#### **SEPARATE**



Keep meat, chicken, fish, and eggs separate from all other foods in the fridge.

#### COOK



Cook meat, fish and chicken very well. Raw food is unhealthy.

#### CHILL



Put your meat, fish and chicken in the fridge. Fruits and vegetables must be in a cold place.

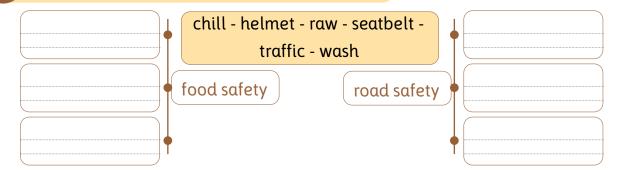
## Read and tick **☑**.

The texts are mainly about...

- a. safety  $\square$
- b. food □
- c. cars  $\square$

- Read then underline the right words.
  - a. In the car, you should wear a (helmet / seatbelt).
  - **b.** Respect the speed limit. You (**must not** / **must**) go fast.
  - c. Keep chicken and fish (separate / together) in the fridge.
  - d. Cooked food is (healthy / unhealthy).

## Write the words in the correct place.





1 Look, write and say.

traffic lights helmet bicycle traffic sign



- 2 Look and write the words.
  - a. In the car, wear a \_\_\_\_\_.



- **b.** Respect the \_\_\_\_\_\_.
- c. Look at both \_\_\_\_\_ of the road.



**d.**\_\_\_\_\_your hands before cooking.



e. \_\_\_\_\_ fish and meat.



f.\_\_\_\_\_ fish is unhealthy.





You should not	

You should \_\_\_\_\_

1 Listen and say. Then circle the I blends.





2 Look, read and circle.



3 Look, match and write.



## 1. Listen and say. Circle the /sh/ sounds. Underline the /ch/ sounds.



I need to shave and wash up. I need my shampoo and body lotion.



# Read, match and say.







wa 🕝 sh up

na 🖝 ture





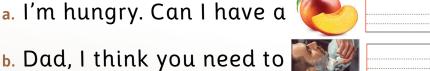






# Read, look and write.

a. I'm hungry. Can I have a



your beard.

c. Oh, no! Try to



the car key!

d. I like walking and enjoying



e. Layla wants a



from this pharmacy.

A

# 1 Listen and say. Then circle the r blends.



That is the wooden bridge. Oh! There's a crab under the tree.



B

First, dry the potatoes. Then fry or grill them. You can also press them.

2 Read, look and match.

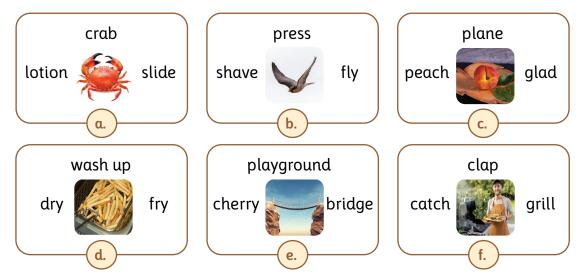




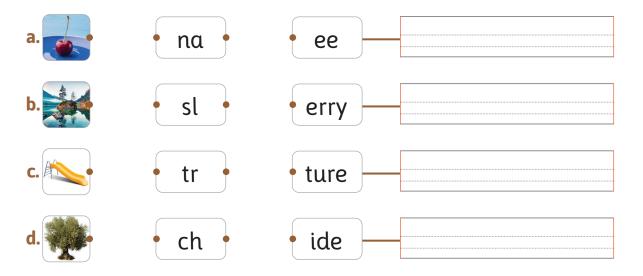
3 Look, reorder and write.



# 1 Read, look and circle.



## 2 Look, match and write.



## Read, write then say

peach glad press shave dry shampoo catch playground

l blends	/sh/ sounds	/ch/ sounds	r blends

# Module 2 TIME

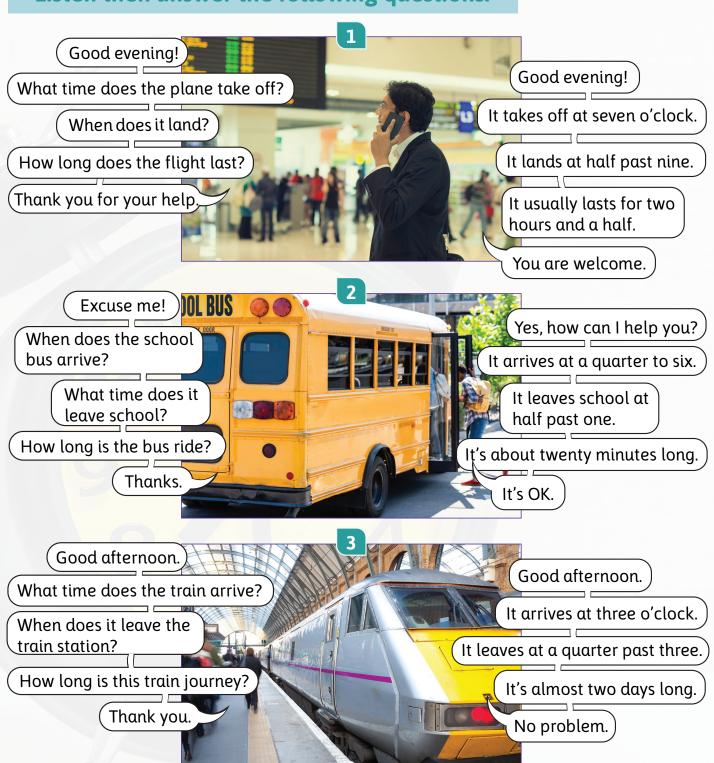
#### **LEAD-IN**

- Is time important? Why?
- Can you tell the time?
- When do you go to/leave school/work?
- How much time do you need to arrive home?
- What's your dailyweekly timetable like?
- What's your special hour/ day/ week/ month/ year?
- Can you name some celebrations in your country?
- When do they take place?



# Telling the time

Listen then answer the following questions.







1 Listen and underline the correct word.

The people in the listening want to know (where - when) things happen.

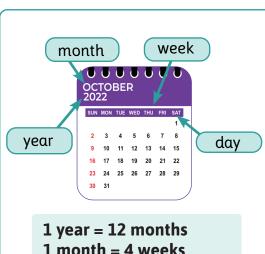
2 Listen and circle the correct words.

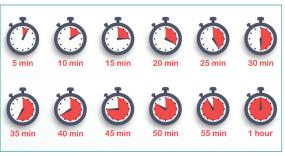
1.	The plane lands at	half past	
	a. two	b. seven	c. nine

2. The flight usually takes \_\_\_\_\_ and a half.

- a. one our b. two hours c. three hours
- 3. The school bus arrives at a \_\_\_\_\_.
- a. quarter to six b. quarter past six c. quarter to one
- 4. The train journey lasts for two \_\_\_\_\_.
- a. hours b. days c. months
- 5. The cargo ship leaves the port at \_\_\_\_\_\_.a. a quarter to eight b. half past twelve c. a quarter to twelve
- 6. What takes one month long?
  - a. the plane flight b. the ship voyage c. the train journey
- 3 Now, practise the dialogues.

# Say the words.







tell the time



arrive ≠ leave



land ≠ take off

# 1 month = 4 weeks 1 week = 7 days 1 day = 24 hours1 hour = 60 minutes 1 minute = 60 seconds

calendar

What time is it?



bus ride/bus trip



plane



flight



train station

last (v)



train journey



port

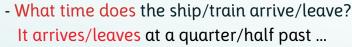


cargo ship



ship voyage







- When does the plane take off/land? It takes off/lands at ... o'clock.
- How long is the journey/trip? It's forty minutes/four hours long.
- How long does the voyage/ flight last/take? It lasts for/takes about/almost three days/a week/ a month ...



# Look at the pictures then ask and answer. Take turns.

one day

3 weeks 8 hours

37 minutes a quarter of an hour half an hour 2 months



five past ten to ten past quarter quarter past twenty to twenty past twenty-five to twenty-five past half past

HELP

What time does the metro train leave? When does the plane land?

How long does the voyage take?

It leaves at ten to eleven.

It lands at half past five.

It takes almost a week.



Now, over to you.



- When does ...?
- How long does ...?

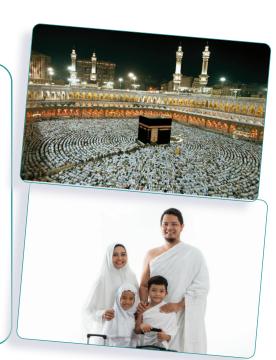


- What time does ...?
- How long is ...?



#### Read then answer the following questions.

Makkah is our favourite city. In October, we want to visit Makkah and pray in the Holy Mosque. Our plane takes off on Tuesday at two o'clock in the early morning. The flight lasts for three hours and a half. The plane lands at Jeddah Airport at half past five. At eight o'clock, we take a taxi to Makkah. The taxi ride is almost one hour long. The taxi arrives at Makkah Main Bus Station at nine o'clock. Our bus arrives later at a quarter to ten to take us to the Holy Mosque. The bus trip takes about thirty minutes. We can not wait to see the Kaaba and do Umrah soon.



Read and tick .	a. voyage to Doha.	
The reading is mainly about a	b. ride to London.	
	c. journey to Makkah.	

# Read then circle the correct words.

1 is o	ur favourite c	ity.	2. We want to	visit Makkah	in
a. Jeddah	b. Makkah	c. Kuwait	a. October	b. April	c. February
3. Our plane to a. Friday	akes off on b. Sunday	c. Tuesday	4. The and a half a. plane flight		
5. The taxi ride	e is almost one b. day	c. hour	6. Our bus arri a. five		to ten.

Read then complete the sentence.

The bus trip takes thirty .....











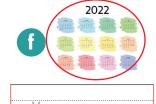




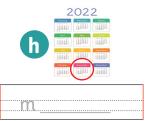








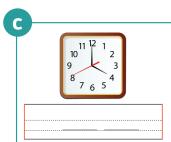


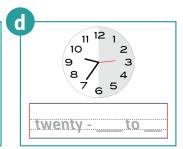








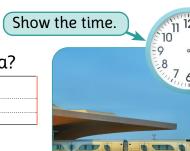




# 2 Look, trace and write.







a. What time does the metro train leave to Doha?

1+	at	 	
I.L <u></u>	uւ	 	······

b. How long is the train journey?

It is	 	 	 	 	
	 	 	 	 	A

# Special days

Listen to the radio program then answer the following questions.

What's your favourite day in Russia?

When is Knowledge Day?

Why is it a special day?

What do you do on Knowledge Day?

It's Knowledge Day.

It's after summer holidays. It's on the first of September.

It's special because it's the start of the new school year.

Boys and girls come back to school. They dress up and bring lots of flowers for their teachers.

What's your favourite festival in Italy?

Oh! When does it take place?

Why is it special to you?

What can you do during the festival?

It's the International Kite Festival.

It usually takes place in spring from 22<sup>nd</sup> April to 1<sup>st</sup> May.

It's special because it's a fantastic air display of colourful kites.

You can watch different shapes and sizes of kites. You can also learn to build or fly a kite.

# Listening O

	What's your favourite event in winter?		It's Qatar National Day.		
			We celebrate Qatar National Day on 18th December every year.		
	Qatar National Day? t your favourite event?	it		onal holiday. Se I celebration of and heritage.	
	do you do lis special day?		parade at Do	e National Day ha Corniche. V assic car shows a lot of fun.	Ve
1 Lis	sten and number (1-3).				
Qata	r National Day 🔲 Knowled	dge Day 🔲	Internation	ıal Kits Festiv	ral
2 Lis	sten and write T for True a	nd <b>F</b> for Fals	e.		
<b>b</b> . Te <b>c.</b> Th <b>d.</b> Th <b>e.</b> Pe	nowledge Day is the first day eachers bring lots of flowers for the International Kite Festival states are different shapes of keeple go to school and work cople celebrate Qatar's herital	or students. takes place ir ites. on Qatar Nati	n spring. ional Day.		
3 Lis	sten and write one word.				00
a.	People learn how to	α kite			
b.	You can watch the National	Day parade o	n	Corniche.	
4 No	ow, practice the dialogues.				

# 1 Say the words.



#### Note





# Look at the pictures. Work in pairs. Ask and answer.























What's your favourite event in autumn?

When does it take place?

Why is it your favourite event?

What can you do during the festival? My favourite event in autumn is Doha Dates Festival.

(It takes place on 14<sup>th</sup> October.

It's my favourite event because it's a national festival. It's special for me because I like dates very much.

We enjoy the wonderful display of dates. We can also see and eat different kinds of dates.



Now, over to you.



- What's your favourite day? My favourite day is ...
- Why is it your favourite day? It's my favourite day because ...



- When does your favourite festival take place? It takes place ...
- What can you do during the festival? I enjoy ... / I can watch ...

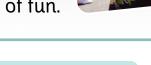


#### Read the passage then answer the following questions.



My name is Bianca. I am thirteen years old. I live with my mother and brother in Medellin, Colombia. It is a very large city. Summer is our favourite season in Colombia, but August is our very special month. The Flower Festival takes place in August from the twelfth to the twenty-second of August.

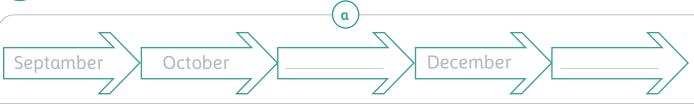
It is an international festival with colourful flowers of all sizes and shapes. For eleven days you can see fantastic displays of flowers everywhere. People carry a lot of wonderful flowers and walk along the city streets. There are many traditional celebrations and classic car shows during the festival. You can also enjoy horse rides and fireworks. I love the Flower Festival because it is a lot of fun.



- Read and circle the most appropriate title for the passage.
  - a. My lovely family!
- **b.** My favourite festival! **c.** My special day!
- Read and underline the correct words.
  - a. Bianca lives with her (grandmother mother sister) and brother.
  - b. Medellin is a (small old large) city.
  - (August June January) is a special month for Bianca and her family.
  - **d.** The Flower Festival starts on (  $11^{th}$   $12^{th}$   $22^{nd}$  ) August.
  - e. You can see displays of flowers for 11 (hours days weeks).
  - f. People (walk carry enjoy) fireworks and traditional celebrations.
- Read then complete with the missing words.
  - a. People walk along the city \_\_\_\_\_\_.
  - **b.** The Flower Festival is a lot of \_\_\_\_\_



1 Look, trace and write.





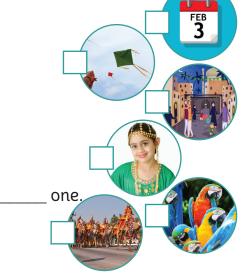




2 Look then match and write the correct words.

enjoy - kite - third - favourite - celebrate - colourful - dress up - parade - year - February

- a. We \_\_\_\_\_ Eid after Ramadan every \_\_\_\_\_.
- **b.** My sister likes to \_\_\_\_\_ for the festival.
- **c.** I \_\_\_\_\_\_ the camel \_\_\_\_\_ .
- **d.** There are many \_\_\_\_\_ birds at the zoo.
- **e.** Today is the \_\_\_\_\_ of \_\_\_\_ .
- f. Monα flies the green \_\_\_\_\_ very high. It is her \_\_\_\_ one



3 Now, over to you.

Qatar Sports Day takes place on the of every February.

It is a





# Routines

Listen to the newspaper reporter talking to two persons in the street then answer the following questions.

#### **CHARLES**

Charles, do you always get up early in the weekend?

What do you do in the weekend?

Does your mother make dinner every night?

What does your mother do during the week?









No, I don't. I sometimes wake up late.

I always visit my grandparents on Friday then I go swimming . I sometimes go cycling. On Saturday I usually do my homework and tidy my bedroom.

Yes, she does. She always cooks delicious food for the family.

My mother is a housewife. She cleans the house every day. She often does the laundry and irons the clothes two times a week. She waters the plants once a week.







**ADAM** 

Do you drive your car daily to work, Adam?

Can you tell us a little about your weekly routine?

What about your neighbour, David? Does he go jogging every day?

What's David's weekly schedule like?

Yes, I do. I never go by bus to work or take a taxi.

Sure! I go to the barbershop once a week. I buy groceries twice a week.

I work out in the gym three times a week.

No, he doesn't go jogging. David surfs the Net and reads the newspaper every day.

Well, he watches a football match or a movie twice a week. He often goes sailing in the weekend.

No

No

No

No

No

No

1	Listen then tick ☑.				
TI	ne newspaper reporter in the listening asks people about	their			
	food school school				
2	Listen and circle Yes or No.				
	to see days now.				
<b>a.</b>	Charles always gets up early.	Yes			
b.	Charles sometimes goes cycling.	Yes			
C.	c. Charles' mother does the laundry three times a week. Yes				
d.	Adam never goes to work by bus.	Yes			
e.	Adam buys groceries once a week.	Yes			
f.	David goes sailing in the weekend.	Yes			

- 3 Listen and write one word.
  - a. On Saturday Charles usually does his \_\_\_\_\_\_.
  - b. David watches a \_\_\_\_\_ match twice a week .
- 4 Now, practise the dialogues.















newspaper newspaper reporter

schedule

sleep

wake up







routine







visit grandparents clean the house

tidy bedroom

buy groceries

drive a car

make dinner













do the laundry

iron the clothes water the plants









go out with friends watch a movie

football match go swimming

go sailin

work out in the gym











go jogging

go cycling

housewife

neighbour

barbershop

every

day = dailynight morning week = weekly month year

Adverbs of frequency					
always					
usually					
often					
sometimes					
never					

once = one time	
twice = two times	
three times	a week
four times	
five timesetc	

#### Note



- -Do you always wake up early? Yes, I do. / No, I don't. Yes, we do. / No, we don't.
- -Do they drive a car? Yes, they do. / No, they don't.
- -Does he/she walk to school? Yes, he/she does. / No, he/she doesn't.
- -What do you do on Thursday/in the weekend?

I/We sometimes go cycling with friends.

-What does your brother/sister do on Friday?

He/She plays online games.

He/She doesn't play chess.

-We/You/They don't play tennis.

2 Look at the weekly schedule below then ask and answer. Take turns.

	WEEKLY SCHEDULE					
	Saturday	Monday	Tuesday	Wednesday	Thursday	Friday
l	go out with friends	go jogging	read the newspaper	go swimming	play online games	drive to the beach
Reema	buy groceries	iron clothes	water the plants	buy groceries	tidy the house	go shopping
Saif	go to the zoo	go cycling	watch a movie	go cycling	go cycling	go to the barbershop
Richard	play chess	work out in the gym	work out in the gym	play chess	work out in the gym	go to the cinema
Emily	make dinner	surf the Net	tidy the bedroom	make dinner	do laundry	visit grandmother

Do you go out with friends every day?

What do you do in the weekend?

Does Saif go swimming sometimes?

Does Richard usually work out in the gym?

What does Emily do on Monday?

No, I <mark>don't</mark>. I go out with my friends once α week.

I drive to the beach.

No, he doesn't.

Yes, he does. He works out in the gym three times a week.

She surfs the Net.



3 Now, over to you.



- Do you go ....?
- What do you do during the week?



- Do you always ....?
- What's your weekly routine like?



#### Read the passage then answer the following questions.

Osama is forty-seven years old. He is tall and slim. He works at the hospital. He treats ill people. He wears a long white coat. Osama gets up early every morning and reads the newspaper. He usually drinks his coffee and eats a few dates. He often has breakfast with his family. Osama likes eggs but he does not like cheese. He buys groceries from the supermarket twice a week. Osama surfs the Net and watches sports TV shows on Wednesdays. He goes swimming with his friend once a week but he never goes sailing. In the weekend he sometimes goes to the cinema with his young brother.

D	41	AA		-!
Kead	The	rext	and	circle.
11000	••••			

The reading text is mainly about Osama's family.

		X

5	Pond	thon	choose.
<b></b>	neau	uicii	ciioose.

a. Osama isy	years	old.
--------------	-------	------

a. 38

b. 47

c. 74

b. Osama works at the	
-----------------------	--

a. cinema

b. hospital

c. supermarket



a. eggs

b. dates

c. cheese

Ь	Osama	huvs	grocerie	c	a week
u.	Osumu	Duys	grocerie	5	u week

a. once

b. twice

c. three times

e. Osama c	oes not a	0
------------	-----------	---

a. shopping

b. swimming

c. sailing

f. He \_\_\_\_\_ goes to the cinema with his brother.

a. always

b. never

c. sometimes

## Read then answer the following question.

What is Osama's job?

Osama is a ......



1 Look at Tony's weekly schedule, trace and write.

#### MY WEEKLY SCHEDULE



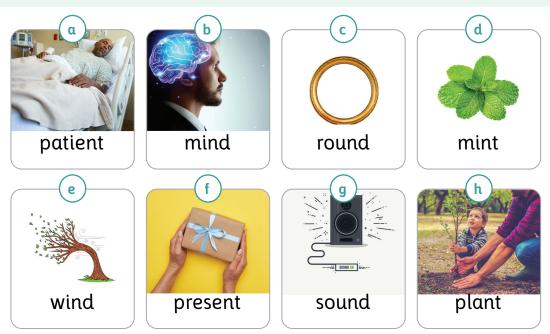
- 2 Look, trace and write.
- every day. She does the once a week. She the clothes twice a week.

  b. Adnan goes every Friday. He plays three times a week. He the Net in the weekend.

What do you do during the week?



# Listen and say. Circle the /nd/ sounds. Underline the /nt/ sounds.



2 Read, look and write (a-c).

α.

mi

b.

C.

pla



nt



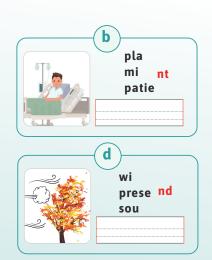




Look, match and write.

prese





# 1 Listen and say. Then underline the s blend in each word.

a	<u>sm</u> ile	9	stool	m	squirrel
<b>b</b>	smell	h h	star	n	square
c	snow	(i)	sky		slam
d	sneeze	(j)	skate	P	sleep
·	spider	k	<u>sc</u> ale	q	sweets
f	spin	(i)	score	r	sweater

# 2 Read, circle the s blend then match.

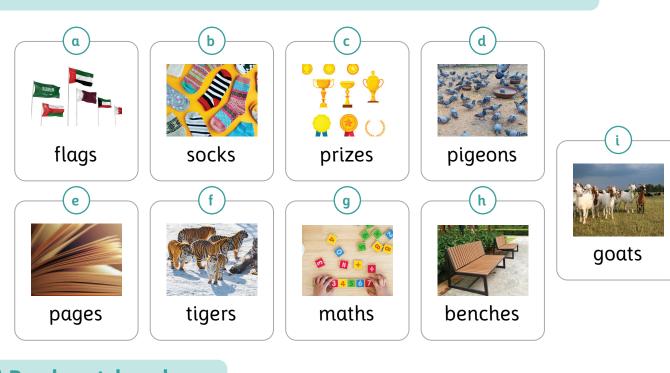




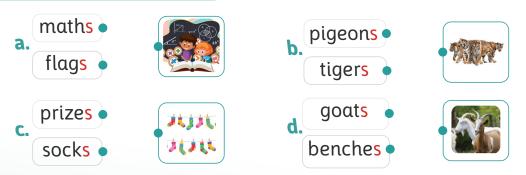
- 4 Read, look and write.
  - a. The is hungry.
  - b. You need to eight hours every day.
  - c. I want my blue . I don't like



Listen and say. Highlight the /s/ sound. Circle the /z/ sound. Underline the /IZ/ sound



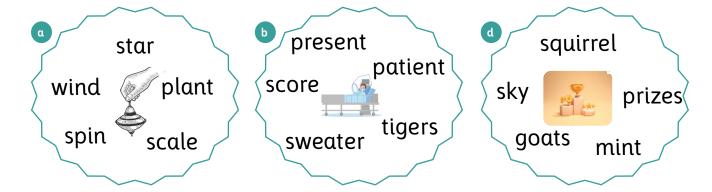
Read, match and say.



Look, reorder and write.



# 1 Look, read and circle



# 2 Read then cross the odd one out.

a.	benches	tigers	pages	prizes
b.	sneeze	skate	mind	smile
C.	maths	goats	socks	flags
d.	round	mint	patient	plant
e.	flags	pigeons	benches	tigers
f.	sweets	wind	square	star

# 3 Read then write.

fry blonde shave round sneeze dry smell plane sweater mind wash clap lotion bridge sound dry shampoo catch plane

s blends	/nd/ sounds	r blends	/sh/ sounds	l blends

# Module 3 ACTIVITES

#### **LEAD-IN**

- Are you active?
- What do you do at home?
- How do you spend your free time?
- Do you follow the rules?
- Do you help others?
- Do you travel for fun?
- What do you do during vacations?



#### IN THIS MODULE I WILL LEARN TO

- use words and expressions related to activities
- ask and answer about indoor and outdoor activities
- read and write about activities
- blend sounds to read words

# What are you doing?

Listen then answer the following questions.

Mum is abroad visiting my sick uncle in Jordan.



- Good afternoon, Deema dear? How're you doing?
- Good afternoon, mother. We're all good. What's my uncle doing now?
- My brother's resting in his bed now. I hope he gets better soon.
- We hope the same. We miss you.
- I miss you too. Deema, are you drawing and painting your pictures for the art class?
- No, mother, I'm not.
- What're you doing now?
- I'm studying for my geography exam and helping my big sister with her school project.
- Is your grandmother listening to the radio?
- Yes, she is. She's busy. She's knitting and listening to the radio now.
- Is your brother skateboarding now?
- What's he doing at the moment?
- No, he isn't. He's feeding his goldfish.
- Are your little sisters playing computer games? What're they doing now?
- No, they aren't. They're reading a storybook.
- Is your father watching the wildlife TV show now?
- No, he isn't. He's changing his car flat wheel.
- Are the cats hungry? Are they sleeping at the moment?
- No, they aren't. The black cat's sleeping but the funny grey cat is playing with the blue yarn. Mum, don't worry! Everything's all right! Just relax.

1 Listen and circle Yes or No.

In the listening Mum wants to know what her family does every day. Yes No

2 Listen and tick ☑. What are they doing now?

Uncle	<b>a.</b> watching TV <b>b.</b> resting in bed	
Deema	<ul><li>a. studying for exams</li><li>b. painting pictures</li></ul>	
Big sister	<b>a.</b> watering the plants <b>b.</b> doing a school project	
Grandma	<b>a.</b> sleeping <b>b.</b> knitting	
Brother	<ul><li>a. feeding the goldfish</li><li>b. playing football</li></ul>	
Little sisters	<b>a.</b> reading a storybook <b>b.</b> flying a kite	
Dad	<b>a.</b> buying groceries <b>b.</b> changing a wheel	

3 Listen, think then answer.

What's mother doing now? She is .....

4 Now, practise the dialogue.

# Speaking





#### Say the words.











Jordan

draw a picture

study

school subjects

exam











help





radio



listen to the radio skateboard feed the goldfish play a computer game storybook











wildlife TV show change a flat wheel

funny take out the rubbish wipe off the dust









uncle hope get better

sweep the floor fold clean clothes vacuum the carpet

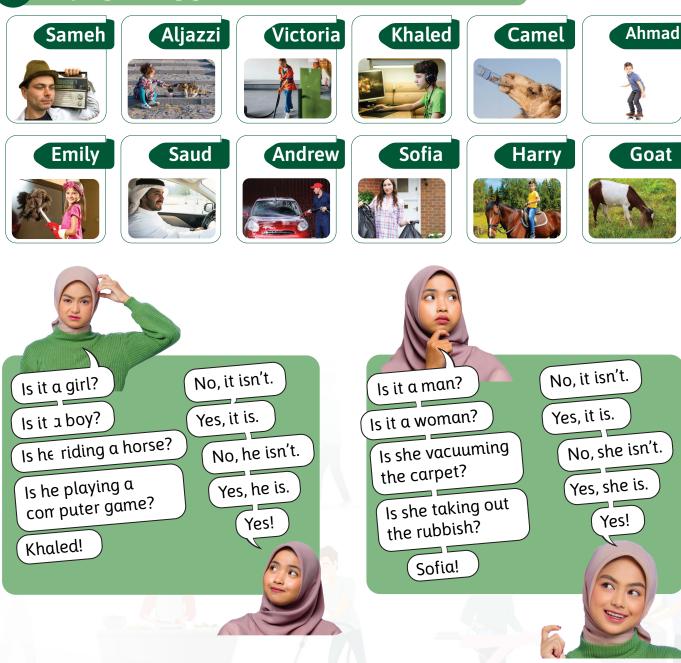
rest / relax

#### Note



- Are you eating now? Yes, I am. /No, I'm not. / Yes, we are. /No, we aren't.
- Is he/she/it drinking water at the moment? Yes, he/she/it is. /No, he/she/it isn't.
- Are they watering the flowers now? Yes, they are. /No, they aren't.
- What're you doing at the moment? I'm studying science at the moment.
- What's he/she/it doing? He/She/It's sleeping.
- What're you/they doing now? We/They're cleaning the house now.

2 Play a guessing game. Ask and answer. Take turns.



3 Now, over to you.



What are you doing at the moment?



What are they doing now?



## Read the email then answer the following questions.

	ew messa Thawla	ge	_ <i>- 2</i> :	
	t It's Fri	day!		
De	ear K	hawla,		
Go	od o	afternoon. It is a wonderful cloud	y day in Doha Oxygen Park today. My	
far	mily	and I are enjoying ou <mark>r time</mark> here. D	Oad is reading a history storybook at the	
moment. Mum is cutting a carrot cake for everyone. My grandpa is sitting on a				
wooden bench. He is over there under the trees. My uncle is relaxing on his mat				
and looking at the flowers around. Moza is flying her kite but Reem is riding her				
			w. He is playing football with Ali. I like	
			at the moment. I am wearing my funny	
	_		le juice. It is a lot of fun at the park.	
		re you doing at the moment, Khawl	ia? Please write back and left me.	
	odb <sup>,</sup> ora	ye		
		210 P A =	· //	
SEN	<u>A</u> G			
1 Read and tick 🗹 the most appropriate title for the email.				
	<b>a</b> . <i>A</i>	At the bakery 🔲 🛮 <b>b</b> . At the res	taurant 🗌 . At the park 🗌	
2 Read and write (a-f).				
	a.	The family is here.	Reem	
	b.	He is sitting under the trees now	v. Ali	
	C.	She is flying a kite.	Nora	
	d.	She is riding a bike.	Doha Oxygen Park	
	e.	He is playing football.	Mozα	
	f.	She is wearing a funny hat at the	e moment. 🔲 Grandpa	
one is wearing a rainty riat at the moment.				
Read then answer the following question.				
	a- V	Vhat is the weather like on Friday	b- What is the colour of Nora's hat?	
in Doha?				

# 1d

1 Look, trace and write.





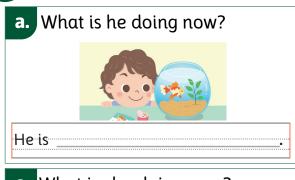








2 Look and write. What are they doing now?









3 Now, over to you.

What are you doing at the moment?

Draw or stick a picture

# Follow the rules

### Listen then answer the following questions.



Dad, we like road trips but we hate seat belts.

Kids, it's necessary for your safety. You must fasten your seat belt.



I must fasten my seat belt, too.

I must follow the road signs.



Look, Dad! The speed limit is eighty. You mustn't drive fast. You must slow down.



Look at those pedestrians. They mustn't run across the street! They must use the zebra crossing.



That young man is riding his bicycle in the middle of the street. It's dangerous.

Mum, he also must wear a safety helmet to protect his head.

You're right, Philip. He must use the bicycle lanes.



You're a clever girl, Jane. Always stay safe on the street.



Dad, we mustn't park our car here.



Yes, kids! we mustn't! It's a special parking for the disabled. We must park our car over there.

# Listening O



- We mustn't shout at the museum.
- Yes, my dear. We must be quiet and polite. We must listen to the museum guide.
- -Look at that museum sign! They mustn't take photos.
- -Oh, no! everyone must follow the museum rules. They mustn't use their mobile phones to take photos.



- That girl is eating her burger in the museum.
- Visitors mustn't eat or drink in the museum.



Dear Philip, you mustn't drop litter in the museum.
Dear Jane, you mustn't touch the exhibits.



OK, Dad. We understand. We are in the museum and we must follow its rules.

1 Listen and choose.
----------------------

The family is going to the .......

- a. park by bus.
- b. cinema by rail.
- c. museum by car.

## 2 Listen and write T for True and F for False.

- a. The kids hate road trips.
- **b.** It's not necessary to use seat belts.
- c. The speed limit is eighty.
- **d.** The young cyclist must use bicycle lanes.
- **e.** Dad isn't parking in the special parking for the disabled.
- **f.** It's OK to shout at the museum.
- g. Visitors can eat and drink in the museum.
- **h.** Visitors mustn't touch the exhibits.

## 3 Listen, think then complete.

The young man riding his bicycle must wear a (1) ...... to protect his (2) ......

4 Now, practice the dialogues.





## Say the words.













road signs





follow













run across use the zebra crossing in the middle

dangerous use the bicycle lane





clever

parking for the





be polite





park the car

disabled







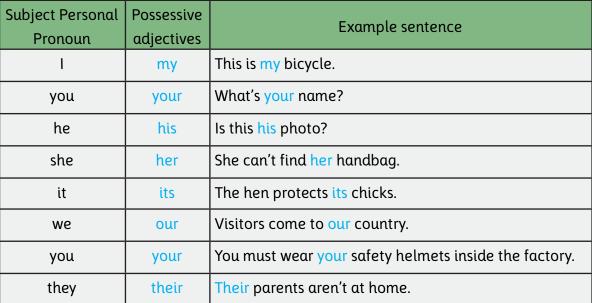
drop litter

0]0 []

exhibits

like ≠ hate

understand



#### Note



I must fasten my seat belt. I mustn't run across the street.

You must slow down. You mustn't drive fast.

He must be quiet. He mustn't take photos.

She must use the zebra crossing. She mustn't park here.

It must stop. It mustn't be fast.

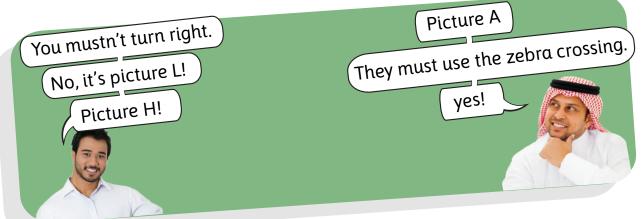
We must follow the rules. We mustn't touch the exhibits.

You must pray Fajer. You mustn't sleep too late.

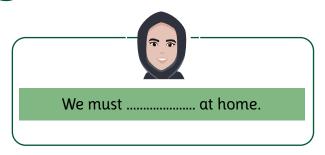
They must listen to the museum guide. They mustn't shout.

Play a guessing game. Speak about the pictures. Use must/mustn't. Take turns.





3 Now, over to you.







# راء التداكر Iravel Cards

#### Read Jassim's blog then answer the following questions.

Good morning to all my friends! Today is Wednesday 16<sup>th</sup> March 2022. Here I am, Jassim, travelling on Doha Metro for the first time. It is really fast and modern. There are some rules to follow when you travel by Qatar Rail. Let me tell you about some of these rules. First, everyone must get a travel card. Then, Doha Metro travellers must always be quiet and polite. For example, they must not shout or play loud music. They must not stand or sit in front of doors. They must not also place their feet on the train seats. Oh, no! I see a young man with his red bicycle. He must not bring his bicycle on the metro train. There is a woman carrying a takeaway parcel. She must not eat food on the train. We must not drop litter anywhere. We must keep Doha Metro clean. I am having a great time now. Goodbye, my friends!



1	Read and	l choose
	neda and	

The reading text is mainly about Doha Metro ..........

a. stations

b. rules

c. times

- 2 Read then circle the correct words.
- 1. Which month is it?.

a. February

**b.** March

c. May

2. Jassim is travelling on Doha Metro for the ..... time.

a. first

b. second

c. third

3. Everone must get a ...... to travel by Doha Metro.

a. bicycle

**b.** parcel

c. card

4. Travellers on Doha Metro must always be ......

a. loud

**b.** polite

c. fast

**5.** Travellers must not place their ...... on the seats.

a. hands

**b.** b. bags

c. feet

6. ..... has a red bicycle at Doha Metro.

a. A woman

**b.** Jassim

c. A man

- 3 Read, think then answer.
  - a. What is the opposite of the following word? stand ≠ .....
  - **b.** What is the woman carrying? .....



1 Look, write and say	1
<ul><li>a. road</li><li>b. litter</li></ul>	z 2 3 p s 4 b 5 d 1
c. limit	6 S d d d S S S S S S S S S S S S S S S
h. i. lane a.  Look then write sentences. U	see must/must not.  b.
He his seat belt.	We quiet.
You  Now, over to you. Write a ser	Theytheir cars.  Itence. Use must/must not.
	Draw or stick a picture

# Going on a vacation

Listen then answer the following questions.

Good morning, Sir. This's Sunshine Travel Agency.

How can I help you?



Good morning. I'd like to travel abroad.

Are you travelling for pleasure or business?



I'm travelling for pleasure.

OK, where would you like to go?

How long is your vacation?

Are you travelling alone?

When exactly would you like to book a flight?

Where would you like to stay?

Would you like to reserve a hotel room?



I'd like to travel to Singapore.

It's just one week.

No, I'm not. I'm travelling with my wife and daughter.

I'd like to book α flight on December 24.

I'd like to stay in a four-star hotel.

Yes, I'd like a double room, please.



Could you give me your passport, please?

You can pay by card, cash or cheque.

How would you like to pay?



Of course, here it is.

I'd like to pay by credit card, please.

All done!

These are your flight tickets and the hotel reservations. Enjoy your vacation!



Thank you very much. I will.

1 Listen and circle Yes or No.

The listening is about a man going camping.

Yes No

**2** Listen and tick ☑.

Sunshine Travel Agency Form				
a. travel	- locally □ - abroad □	e. month	- January □ - December □ - other: □	
b. travelling for	- pleasure □ - business □	f. staying in	- hotel □ - apartment □	
c. going to	- UK □ - USA □ - Singapore □ - other: □	g. type of room	- single 🗆 - double 🗆	
d. number of days	- 2-4 days □ - 5-7 days □ - month □ - other: □	h. payment	- cash 🔲 - card 🗆 - cheque 🗆	

- 3 Listen, think then complete.
  - a. The man is travelling with his \_\_\_\_\_ and \_\_\_\_\_.
  - **b.** What do you need to travel? \_\_\_\_and \_\_\_\_.
- 4 Now, practise the dialogue.





# Say the words.











vacation

sunshine

travel

travel agency

locally ≠ abroad







pleasure

business

Singapore









alone

stay

book a flight

reserve

reservation











three-star

apartment

single room

double room

passport











ID (identification card)

pay/payment

credit card

cash cheque



flight ticket

- exactly
- sure
- of course

#### Note

- Would you like to .......? Yes, I/we would. / No, I/we wouldn't.



- Where would you like to .....?
- I'd/ We'd like to .......
- When exactly would you like to ......?
- I'd/ We'd like to .......
- What would you like to .....?
- I'd/ We'd like to .......
- He'd/She'd/They'd like to .......
- -I'd = I would
- wouldn't = would +not

# 2 Look at the table and work in pairs. Ask and answer. Take turns.

	place	time	e stay in activities		payment
Α	Kawait	October 24	three-star hotel	learn about history and heritage	cash
В	ITALY	summer	r four-star hotel enjoy nature		credit card
С	*	June 7	apartment	eat traditional Omani food	cheque
D	spring five-star hotel see the Great W		see the Great Wall of China	credit card	
Е		January	apartment	visit the museums	cash

(Would you like to go to Kuwait for a vacation?)

Where would you like to go?

When exactly would you like to visit Oman?

Where would you like to stay in Oman?

What would you like to do in Oman?

How would you like to pay for your vacation?

No, I wouldn't.

I'd like to go to Oman.

I'd like to go to Oman on June 7.

(I'd like to stay in an apartment.

(I'd like to eat traditional Omani food.

I'd like to pay by cheque



## 3 Now, over to you.



Where would you like to go for a vacation? I'd like to .....



How would you like to pay for your vacation? I'd like to ......



# Read the email below then answer the following questions.

	New message	_ ₽ X
To	o fantasticjourneys@mail.com	
	ubject Booking a family trip	
I ser We stay mar food is a boo Plea Tha	nd you this email because we would like you to plan our family vacation for would like to travel abroad on a long trip to a country in Europe. We would at hotels during our summer holiday. We would like to stay at apartments restaurants and museums. My husband and son would like to eat and enjoy nature. I would like to visit museums and go shopping. Travely lot of pleasure for us and we would like to have a great time as a family our flights and make the reservations? My husband would like to pay by asse write back and let us know your answer.  Ink you.  abeth	I not like to s near local traditional ing abroad ly. Can you
	SEND A & • •	• • •
1	1. Read and circle.	a mulaa
T	The reading text is an email aboutb. visiting	a doctor
2	Read then write T for True and F for False.	ig abroad
a.	Elizabeth would like to travel alone.	
b.	Elizabeth and her family would like to book a trip to Europe.	
C.	They would not like to stay at hotels in summer.	
d.		
e.	<b>,</b> ,	
f.	<b>3</b>	
g.	·	.y. <u> </u>
h.		
3	Read, think and complete.	
a.	<b>,</b>	
b.	Fantastic Journeys is the name of a	













make a \_\_\_\_\_

room

\_\_and daughter

\_ a flight









travel

identification\_

S

C

2 Look then write sentences. Use would/would not like to.

**a.** 



b.



I would like to

We would not like to

C.



d.



They .

3 Now, over to you.

I would like to

He \_

with my

We would like to stay in

for



1 Listen, say and circle the  $\frac{\theta}{s}$  sound.

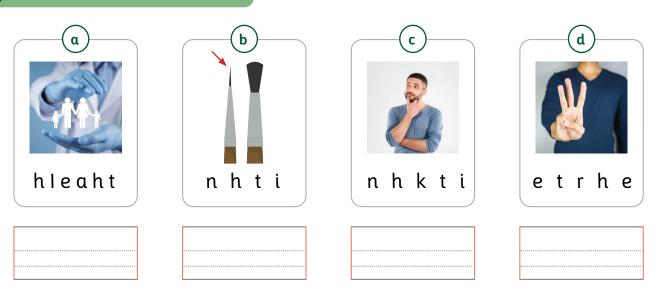
Amina is thirty-three. She's not thin. I think she should eat healthy food three times every day.



2 Look, match and match.



3 Look, reorder and write.

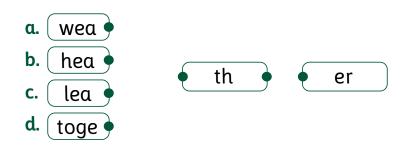


## 1 Listen, say and circle the /ð/ sound



The weather is cold.
Heather and her
family sit together
around the fire. They
wear heavy leather
clothes.

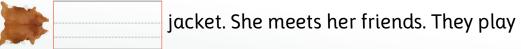
2 Match, write and say.





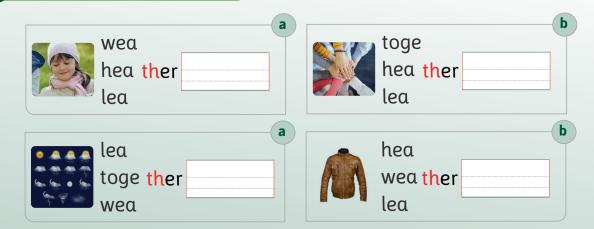
3 Look, read and write.







4 Look, match and write.



f 1 Listen, say and tick oxtimes the words with the sound  $raket{k}$ 

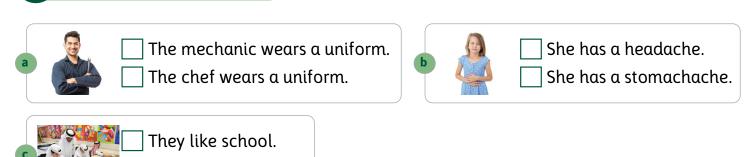


2 Listen, read and write.

a	Circle 1	S	ch	ool	
b		α	ch	е	
C		me	ch	anic	
d		stoma	ch		

3 Look, read and tick ☑

They like chocolate.



# 1 Read, look and tick ☑



# 2 Look, read and write.

You are overweight. Eat food.
 They play in the garden.
 His is full.
 This boy is a tall and is rainy.

# 3 Read and write.

healthy – mechanic – weather - thin – leather – stomach

/k/ sounds	/ð/ sounds	/ <code>ፀ/</code> sounds

# Phonics

	Sounds	Words	
	l blends		
	/pl/	play - plane	
	\ <i>b</i> l/	blonde	
	/kl/	clap	
	/gl/	glad	
	/fl/	fly	
	/sl/	slide	
20 5	/\$/	shave - wash up – shampoo - lotion	
ule	/t∫/	nature – catch – cherry – peach	
Module 1 Health	r blends		
2	/pr/	press	
	/br/	bridge	
	/kr/	crab	
	/gr/	grill	
	/fr/	fry	
	/tr/	tree	
	/dr/	dry	

		/nd/	mind – round – wind – sound	
		/nt/	patient - mint - present - plant	
		s blends		
		/sm/	smile – smell	
		/sn/	snow - sneeze	
		/qz\	spider – spin	
le 2	บ	/st/	stool – star	
odu	Wodnle 7 /sk//sk/	/sk/	sky – skate	
Σ		/sk/	scale - score	
		/sl/	slam – sleep	
		/sw/	sweets -sweater	
		/skw/	squirrel – square	
		/s/	maths – socks - goats	
		/z/	tigers - flags - pigeons	
		/ız/	benches – pages - prizes	
33		/0/	thin – think – healthy - three	
Module 3		/ð/	weather – heather – together - leather	
Mo		/k/	ache – stomach – school - mechanic	