ENGLISH TA



Adult Literacy Program

Student's Book

Semester 1

Academic Year 2022-2023

Tentative Version

School:	
Name:	
Class:	

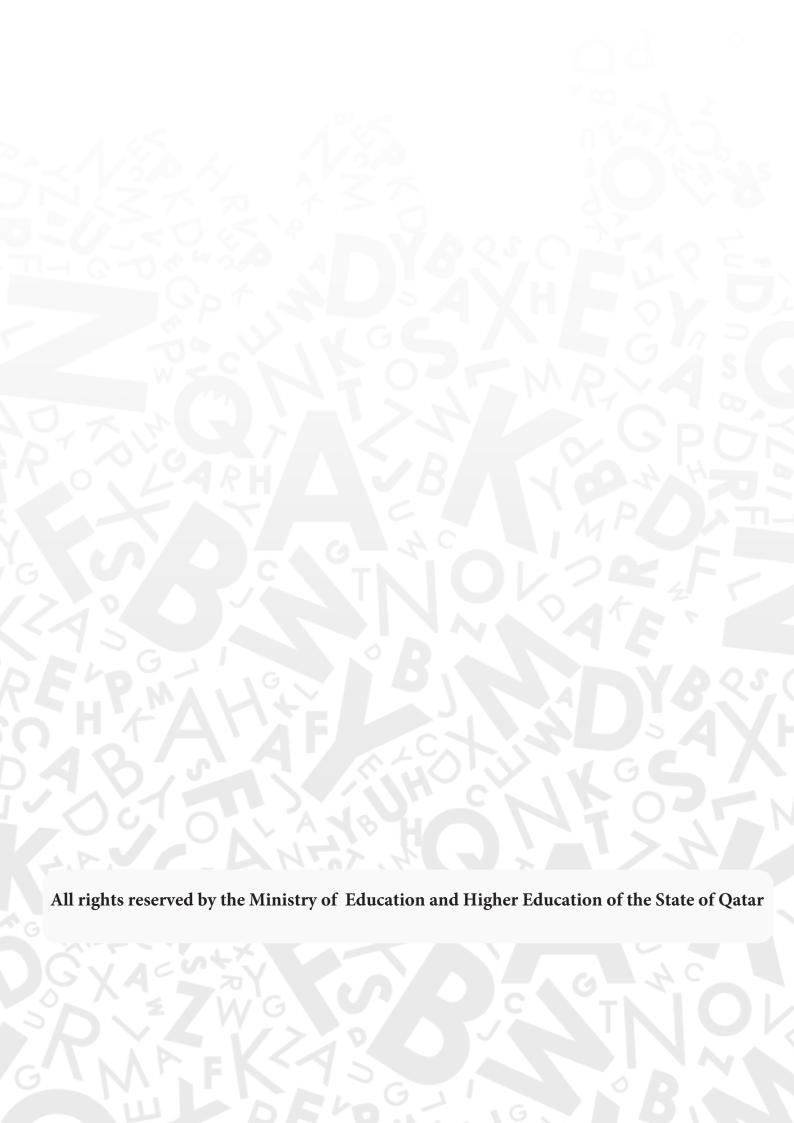
This book has been written and reviewed by curriculum specialists from the Curriculum and Learning Resources Department



النشيد الوطني

قَسَماً بِمَنْ رَفَعَ السَّمَاءُ قَطَرْ سَتَبِقَى حُرَّةً فَطَرْ سَتَبِقَى حُرَّةً سِيرُوا علَى نَهْجِ الأُلَى قَطَرْ بِقَلْبِي سِيرَةٌ قَطَرْ بِقَلْبِي سِيرَةٌ قَطَرُ الرِّجَالِ الأَوَّلِين وَحَمَائِمٌ يَوْمَ السَّلاَمُ

قَسَمًا بِمَنْ نَشَرَ الضِّياءُ
تَسْمُو بِرُوحِ الأَوْفِياءُ
وَعَلَى ضِياءِ الأَنْبِيَاءُ
عِلْ وَأَمْجَادُ الإِبَاءُ
حُمَاتُنَا يَوْمَ النِّدَاءُ
جَوَارِحٌ يَوْمَ الفِدَاءُ



Preface

The Permanent Constitution of the State of Qatar highlights education as one of the most fundamental pillars of social progress, declaring that the State shall ensure, foster and endeavour to spread education. In light of that responsibility and to fulfil the mission of the Ministry of Education and Higher Education to regulate and support high quality learning opportunities across all educational levels, the department of Curriculum and Learning Resources has developed the Common Framework for Adult Literacy Program which has guided the authors and helped construct this English Language book for adult learners.

English 1A for Adult Literacy Program is based on a communicative learner-centred approach. This methodology makes sure adult learners are actively engaged in learning and using the English language to express themselves, interact with others and discover their environment. The vocabulary and structures are carefully introduced, gradually developed and systematically revised in a building-block strategy. The four skills of the English language (listening, speaking, reading and writing) are developed in an integrated way throughout the book.

The authors hope this book would be a valuable and effective educational resource for students and teachers.

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The symbols below are found in the Student's Book and represent the following:

•				
listen	speak	write	read	practise in pairs



Module 1 HEALTH

LEAD-IN

- What do you do when you don't feel well?
- Have you ever been ill? Why?
- What should you do when you have a headache?
- Where do sick people go?
- What do they need?
- How can you help ill people?
- Who helps you at the hospital?
- What do they tell/give you?





What's the matter?

Listen then answer the following questions.



What's the matter?

Oh! You also have fever.

Stay in bed dear. I must call the doctor.

I can't Mom.

Yes, and my stomach hurts.

I'm very tired. I've got a headache and a sore throat.

I don't feel very well. I've got a terrible cough.



What's wrong Mr. Abdullah?

I hope you feel better soon.

Not really. I think I've got a bad cold.



Are you feeling OK, Mom?

Poor you! How awful.



What's the matter Mr. Ali? Are you all right?

Oh. I'm sorry to hear that.

1 Listen and match.

The four conversations are about

- a. work problems.

 b. family problems.

 c. health problems.
- 2 Listen and complete the table.

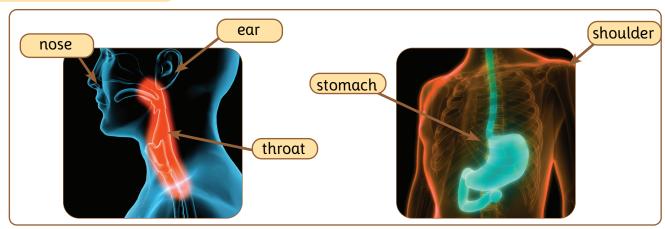
Person		Problem
Layla	7-1-1	CIS 20mg Film Tablet HardCis 20mg Film Tablet
Mr. Abdullah		
Mother	1	Tothere Retail (5 NOVARTIS 10 NOVARTIS 1 Weltaren 50 (5 NOVARTIS 1 Weltaren 50 (
Mr. Ali	Automa RESIDEN	ren Retard (Concession) Voltaren Retard (Concession) Voltaren SR 75 (Concession) Voltaren SO

- 3 Listen and underline the correct word
 - a. I've got α [sore terrible] throαt.
 - **b.** I don't feel very [good well].
 - c. Poor you! How [awful bad].
 - d. What's the [matter problem] Mr. Ali?
- 4 Now, practise the dialogues.



vocabulary and structure

1 Say the words.





Headache



stomachache



toothache



backache



a cold



cough



sneeze





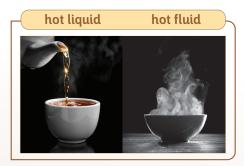
fever



sore throat



pain



Note

- What's the matter? / What's wrong? / What seems to be the problem? / Are you feeling OK?



- I've got a headache / a cold / a cough ...
- Oh, dear. I'm sorry to hear that / Poor you! How awful. / I hope you feel better soon



conversation

2 Work in pairs. Ask and answer.





















3 Now, over to you.



What's the matter? I've got a ... Oh! Sorry to hear that.



What's wrong? I've got a ... Poor you! How awful.





Read then answer the following questions.

Dear Samantha,

I hope you are well.

Today, I am not at school. I have a headache and a sore throat. My two sisters Suzan and Mary are in bed because they do not feel well. Mary has got fever and her left ear hurts. Suzan has a temperature. She has pain in her stomach. My mother says that we should stay in bed today.

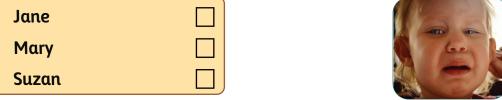
My mother feels sad for Mary because she has a lot of pain and she is crying all the time. My grandmother is in the kitchen preparing a hot soup. She says, 'Hot liquids are good for the cold. Stay in bed, eat your soup and rest'.

My father is at work. My mother calls him. She says: 'Can you buy some medicines for the children?'.

OK. I must go now. I hope we get better soon.

Bye Jane

[1	What is the	type of the text? Un	derline the correct answer.
	a- an article	<mark>b</mark> - α letter	c- an email
2	Who is in th	e pictures? Tick the	right name.
	Jane		



3 Read and write T for True and F for False.

a. Jane has a headache.	1
b. Mary has got fever.	
c. The children are at school.	
d. The mother is happy.	
e. The grandmother makes an orange juice.	

16



a cough - a cold - a sore throat - a temperature - a headache - a backache - a toothache - a stomachache

a. b. c. d. a. throat

2 Look and write.

sad - fever - Poor - stomachache - throat - temperature - matter - got

a. What's the matter?I've got a stomachache.Oh! Poor you!



b. Anna is in bed. She has got a headache and a sore throat. She has got fever. She has a temperature. Her mother is sad.



3 Now, over to you.



At the doctor's

Listen then answer the following questions.

Hello. Doctor Burton's surgery. Can I help you?

Certainly. When would you like to come?

Doctor Burton is busy all day today but tomorrow at 8 am is possible.

That's right.

Hello, my name is Paul. Can I make an appointment?

Can I come today? I've got a bad cold and I need to see the doctor immediately.

Ok, great. So, tomorrow 8 am, with Doctor Burton.

OK. Thank you. Bye.

Good morning, Mr Jones. What seems to be the problem?

Well doctor, I'm feeling really tired. I've got a sore throat and a bad cough, too.

2

Where does it hurt exactly?

Well, I'd better take a look.

Here doctor.

Is it painful if I do this?

Yes, it is.

I think that you've got the flu. You should drink lots of fluids and stay in bed. I recommend aspirin to relieve the aches and pains.



Thank you doctor.

Listening (1)

D. Dan has tablets for his nose.

Now, practice the dialogues.





Say the words.







appointment



dentist



tired



busy



blocked nose



ache = pain



overweight



nose spray



cream



shower



twice $a \, day = two \, times$



medicines

Note



Can I help you?

Can I make an appointment? / I'd like to make an appointment.

Have you got something for ...? / What have you got for ...?

How often ...? Two times.

How many ...? Two tablets.

2 Look at the pictures then make dialogues.













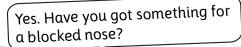


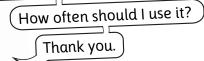












Yes, you can try this nose spray.

Twice a day.

3 Now, over to you.



Can I help you? Have you got something for ...? How often ...?



Can I help you?
What have you got for ...?
How many ...?



Read then answer the following questions.

I brush my teeth every day before going to bed. I like to eat a lot of chocolate when I study. I have a bad toothache. What should I do? Maryam, 18	I am a secretary in a big company. I work for eight hours every day, from Monday to Friday. I always use a computer. I have a terrible pain in my back. What should I do? Lisa, 54
I am a university student and I have exams soon. I study all night long. To stay awake, I usually drink a cup of tea or coffee. When I go to bed, I can't sleep. In class, I often feel tired. What should I do? Sameer, 21 Read and write the title.	I live in the city. There are big shopping centres and good restaurants. When I go shopping with my friends, we love eating in fast food restaurants. I don't like sports and I am overweight. What should I do? Rayan, 19.
A bad toothache I can't sleep	I am overweight A terrible backache
2 Read and match the texts with th	
A) You should eat healthy food at home, and you should exercise.	B) You shouldn't use the computer all day long. Sometimes, you should stop working and walk for 5 minutes.
C) You shouldn't drink much coffee or tea after 8 pm. Start studying immediately after you come home. Take a warm shower before you go to bed.	D) Sweets are bad for your teeth. You should stop eating chocolate. You should go to the dentist.
Read and write T for True and F for	or False.
 Maryam loves shopping. Lisa has got a backache. 	

4. Rayan does not have friends.



1 Look, trace and write.

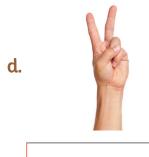
pain - twice - dentist - busy



tired







e.

6 7 8 9

1 4 0 0 1 5 16

21 22 28 20

appointment

- 2 Read, look and write.
 - 1. Stop (eating/eat) chocolate and brush your teeth twice a day.
 - 2. Fatma loves (shopping/shop) in the mall.
 - 3. She eats a lot of sweets. She has a _____ (backache/toothache).
 - 4. (Take a shower/Drink a coffee) before you go to bed









3 Now, over to you.



I am a chef. I like food. I am overweight. What should I do?

Take care!



Radio presenter: Good Morning everyone. I'm Alan Blake. Welcome to the morning show "Be Safe". I have a special guest with me today.

Guest: Thank you, Alan. I'm Dr Jones. I'm the area dentist.

Radio presenter: Right! But why do people like you?

Guest: Oh, that's because I tell them funny stories. They listen and forget about their teeth.

Radio presenter: Wow! Great idea! What can you tell the children listening to us?

Guest: Children must take care of their teeth. They should brush them after each meal. They should see the dentist twice a year.

Radio presenter: Thank you for the advice, doctor, and thank you for coming today.

Guest: Thank you for having me.



Radio presenter: My second guest is Katherine. Good morning, Katherine. What do you do?

Guest: Good morning, Alan. I'm a nurse. I work at the hospital.

Radio presenter: Do you like your job?

Guest: Of course. I think it is an important job because I help people.

Radio presenter: Great! What can you advise our listeners to do?

Guest: Yes. You should eat healthy food. Many people are sick because they eat fatty food. Also, you must exercise. It is good for the heart and the lungs! Half an hour a day is perfect.

Radio presenter: What should we do when don't feel well?

Guest: You should relax and rest. If you don't get better, you must see a doctor.

Radio presenter: Thank you, Katherine and be safe!

Listening (1)



Mr Jones, you must lose weight. If you don't, you'll have serious problems.

Really Doctor?
Should I lose weight?







You should exercise. You should eat a lot of fruit and vegetables. You must stop eating sweet deserts.

1 Listen and choose.

The listening is about:

a. food

b. safety

c. sport











presenter

doctor

dentist

nurse

3 Listen and circle True/False

1. Alan tells funny stories.	True	False
2. Children should see the dentist every day.	True	False
3. Katherine doesn't like her job.	True	False
4. People must exercise for an hour every day.	True	False
5. Mr Jones can eat sweet deserts.	True	False

4 Now, practise the dialogues.



1 Say the words.



presenter



studio



funny story



tell a story



worried



relax/rest



exercise



fatty food



safe



dangerous



teeth



heart



lungs



lose weight



give advice



sweet dessert



diet



raw



cooked



speed limit



traffic lights



bike / bicycle



scooter



skateboard



seatbelt



helmet



tooth



cross the road

Note



- I'm worried about ...
- What do you advise ...?
- You/They should brush/eat/relax ...
- You must stop ...
- Thank you for the advice.
- lung lungs
- tooth teeth

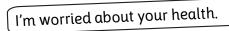
2 Look at the pictures then make dialogues.











You should eat a lot of vegetables.

What should I do?

Thank you for the advice.



3 Now, over to you.



What should I ... ?
You should ...
Thank you for the advice.



What do you advise me to do?
You must ...

Thank you for the advice.





Read then answer the following questions.



Make sure you look at both sides of the road before crossing. Never cross between parked/stationary vehicles.

Always obey traffic lights and signs. Respect the speed limit. You must not go fast.



Children should wear a helmet every time they ride on anything with wheels: bikes, scooters, and skateboards.

CLEAN



Wash your hands for 20 seconds with soap and water before, during, and after cooking.

SEPARATE



Keep meat, chicken, fish, and eggs separate from all other foods in the fridge.

COOK



Cook meat, fish and chicken very well. Raw food is unhealthy.

CHILL



Put your meat, fish and chicken in the fridge. Fruits and vegetables must be in a cold place.

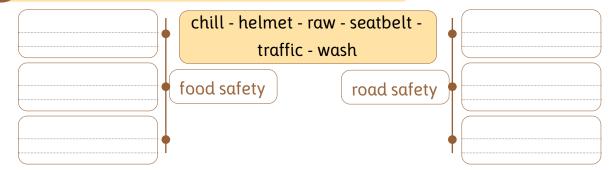
Read and tick **☑**.

The texts are mainly about...

- a. safety \square
- b. food □
- c. cars

- Read then underline the right words.
 - a. In the car, you should wear a (helmet / seatbelt).
 - **b.** Respect the speed limit. You (**must not** / **must**) go fast.
 - **c.** Keep chicken and fish (**separate** / **together**) in the fridge.
 - d. Cooked food is (healthy / unhealthy).

Write the words in the correct place.





1 Look, write and say.

traffic lights helmet bicycle traffic sign



- 2 Look and write the words.
 - a. In the car, wear a ______.
 - **b.** Respect the ______.
 - **c.** Look at both _____ of the road.
 - d._____your hands before cooking.
 - e. _____ fish and meat.
 - f._____ fish is unhealthy.















3 Now, over to you.



You should not

You should

1 Listen and say. Then circle the l blends.





2 Look, read and circle.

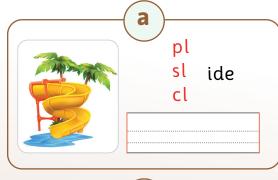




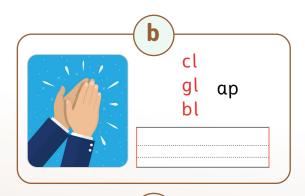


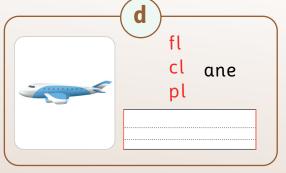


3 Look, match and write.









1. Listen and say. Circle the /sh/ sounds. Underline the /ch/ sounds.



I need to shave and wash up. I need my shampoo and body lotion.



2 Read, match and say.









na 🕏 ture











Read, look and write.

a. I'm hungry. Can I have a

b. Dad, I think you need to



your beard.

c. Oh, no! Try to



the car key!

d. I like walking and enjoying





e. Layla wants a



from this pharmacy.

A

1 Listen and say. Then circle the r blends.

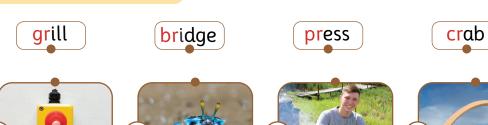


That is the wooden bridge. Oh! There's a crab under the tree.



First, dry the potatoes. Then fry or grill them. You can also press them.

2 Read, look and match.

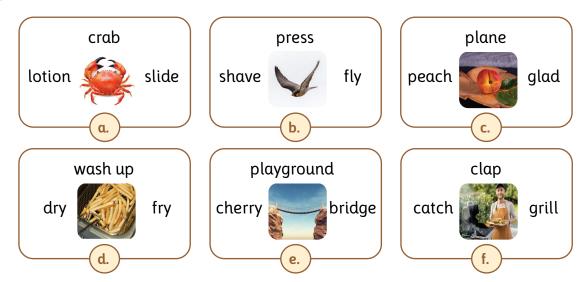


3 Look, reorder and write.

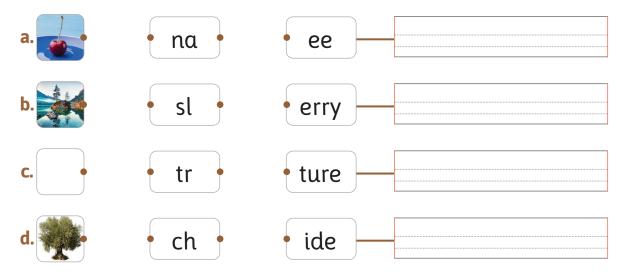


1e

1 Read, look and circle.



2 Look, match and write.



Read, write then say

peach glad press shave dry shampoo catch playground

l blends	/sh/ sounds	/ch/ sounds	r blends

Module 1 TIME

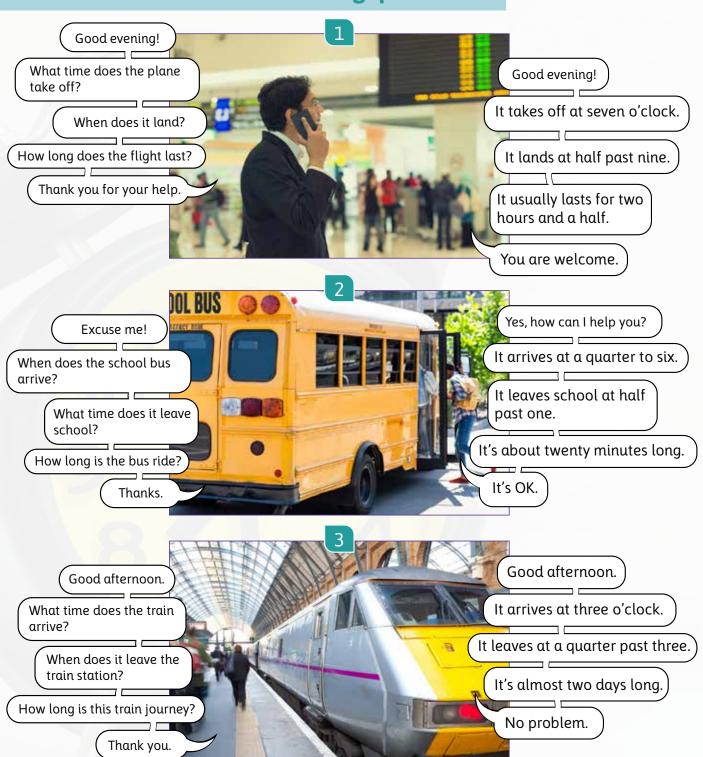
LEAD-IN

- Is time important? Why?
- Can you tell the time?
- When do you go to/leave school/work?
- How much time do you need to arrive home?
- What is your dailyweekly timetable like?
- What are the important hours/days/weeks/months/years to you?
- Why are they important to you?
- Can you name some celebrations in your country?
- When do they take place?



Telling the time

Listen then answer the following questions.







Listen and underline the correct word.

The people in the listening want to know (where - when) things happen.

- Listen and circle the correct words.
 - 1- The plane lands at half past

a- two

b- seven

c- nine

2- The flight usually takes and a half.

a- one our

b- two hours

c- three hours

3- The school bus arrives at a

a- quarter to six

b- quarter past six

c- quarter to one

4- The train journey lasts for two

a- hours

b- days

c- months

5- The cargo ship leaves the port at

a- a quarter to eight **b**- half past twelve

c- a quarter to twelve

6- What takes one month long?

a- the plane flight

b- the ship voyage

c- the train journey

1 Say the words.



1 year = 12 months 1 month = 4 weeks 1 week = 7 days 1 day = 24 hours 1 hour = 60 minutes 1 minute = 60 seconds



tell the time



arrive ≠ leave





take off ≠ land

calander



bus ride/bus trip



plane



flight



train station

last (v)



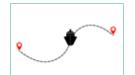
train journey



port



cargo ship



ship voyage



- What time does the ship/train arrive/leave ...?
It arrives/leaves ... at a quarter/half past ...



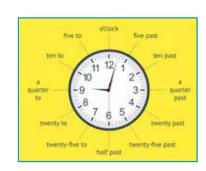
- When does the plane take off/land ...? It takes off/lands at ... o'clock.
- How long is the journey/trip ...?
 It's forty minutes/four hours ... long.
- How long does the voyage/ flight ... last/take...?

 It lasts for/takes ... about/almost ... three days/a week/ a month ...



2 Look at the pictures then ask and answer. Take turns.





- one day
- 3 weeks
- 8 hours
- HELP 37 minutes
 - a quarter of an hour
 - half an hour
 - 2 months

What time does the metro train leave?

When does the plane land?

How long does the yoyage take?

It leaves at ten to eleven.

It lands at half past five.

It takes almost a week.

3 Now, over to you.



- When does ...?
- How long does ...?

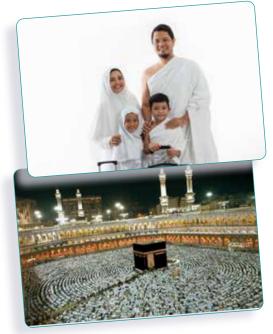


- What time does ...?
- How long is ...?



Read then answer the following questions.

Makkah is our favourite city. In October, we want to visit Makkah and pray in the Holy Mosque. Our plane takes off on Tuesday at two o'clock in the early morning. The flight lasts for three hours and a half. The plane lands at Jeddah Airport at half past five. At eight o'clock, we take a taxi to Makkah. The taxi ride is almost one hour long. The taxi arrives at Makkah Main Bus Station at nine o'clock. Our bus arrives later at a quarter to ten to take us to the Holy Mosque. The bus trip takes about thirty minutes. We can not wait to see the Kaaba and do Umrah soon.



Read		41.1	
 Kead	and	TICK	$ \vee $.

The reading is mainly about a

a. voyage to Doha.	
b. ride to London.	
c. journey to Makkah.	

2 Read then circle the correct words.

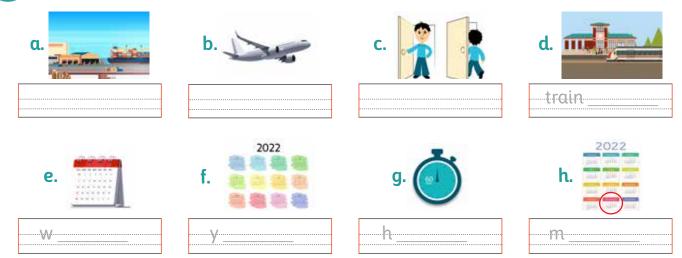
- 1-is our favourite city.
 - **a** Jeddah
- b- Makkah
- c- Kuwait
- 2- We want to visit Makkah in
- **a** October
- b- April
- **c-** February
- 3- Our plane takes off on
 - **a** Friday
- b- Sunday
- c- Tuesday

- 4- The lasts for three hours and a half..
 - a- plane flight
- b- bus trip
- c- taxi ride
- 5- The taxi ride is almost one long.
 - a- week
- b- day
- c- hour
- 6- Our bus arrives later at to ten.
 - **a** five
- **b** fifteen
- c- twenty

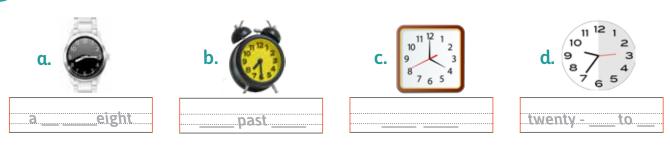
3 Read then complete the sentence.

The bus trip takes thirty

1 Look, write and say.



2 Look then write the time.



2 Look, trace and write.



Now, over to you.

a. What time does the metro train leave to Doha?

It _____at ____.

b. How long is the train journey?

It is _____.

Special days

Listen to the radio program then answer the following questions.

What's your favourite day in Russia?

When is Knowledge Day?

Why is it a special day?

What do you do on Knowledge Day?

It's Knowledge Day.

It's after summer holidays. It's on the first of September.

It's special because it's the start of the new school year.

Boys and girls come back to school. They dress up and bring lots of flowers for their teachers.

What's your favourite festival in Italy?

Oh! When does it take place?

Why is it special to you?

What can you do during the festival?

It's the International Kite Festival.

It usually takes place in spring from 22nd April to 1st May.

It's special because it's a fantastic air display of colourful kites.

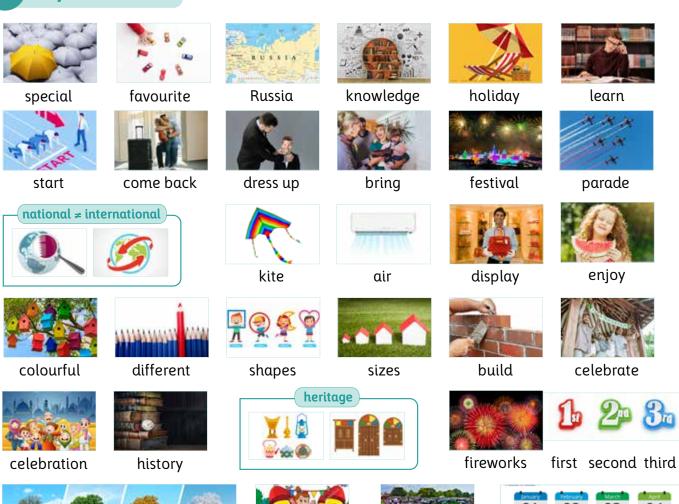
You can watch different shapes and sizes of kites. You can also learn to build or fly a kite.

Listening O

4 Now, practice the dialogues.

What's your favourite event in winter?	It's Qatar National Day.
When is Qatar National Day?	We celebrate Qatar National Day every year on 18 th December.
Why is it your favourite event?	First, it's a national holiday. Second, it's a wonderful celebration of Qatar's history and heritage.
What do you do on this special day?	We watch the National Day parade at Doha Corniche. We also enjoy classic car shows and fireworks. It's a lot of fun.
1 Listen and number (1-3).	
Qatar National Day Knowledge Day	International Kits Festival
2 Listen and write T for True and F for Fa	alse.
a. Knowledge Day is the first day of Decemb	ber.
b. Teachers bring lots of flowers for students	S.
c. The International Kite Festival takes place	e in spring.
d. There are different shapes of kites.	
e. People go to school and work on Qatar N	ational Day.
f. People celebrate Qatar's heritage on the	National Day.
3 Listen and write one word.	
α- People learn how to α k	ite.
b- You can watch the National Day parade	e onCorniche.









fun







Months

fourth fifth sixth

take place event

fantastic

wonderful

Note



-What's your favourite/special ... in ...?

My favourite/special ... is ... / It's ...

-When is .../does it take place?

It's in/on/after / It takes place ...

-Why is it your favourite/special ...?

It's my favourite/special ... because it's ...

- What do/can you do on .../during ...?

I/We celebrate/enjoy .../can watch ...

7 th	seventh	7 th	eighth
9 th	ninth	10 th	tenth
11^{th}	eleventh	12 th	twelfth
13^{th}	thirteenth	14 th	fourteenth
15^{th}	fifteenth	20 th	twentieth
21^{th}	twenty-first	22 th	twenty-second
100 th	one hundredth	1000 th	one thousandth

2 Look at the pictures. Work in pairs. Ask and answer























My favourite event in autumn is Doha Dates Festival.

It takes place on 14th October.

It's my favourite event because it's a national festival. It's special for

What's your favourite event in autumn?

When does it take place?

Why is it your favourite event?

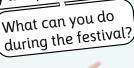
te event?

a national lestival. It is specified to the worderful display

We enjoy the wonderful display

we enjoy the works of dates. We can also eat different kinds of dates.









-What's your favourite day? My favourite day is ...

-Why is it your favourite day? It's my favourite day because ...



-When does your favourite festival take place?

It takes place ...

-What can you do during the festival?

I enjoy ... / I can watch ...



Read the passage then answer the following questions.



My name is Bianca. I am thirteen years old. I live with my mother and brother in Medellin, Colombia. It is a very large city. Summer is our favourite season in Colombia, but August is our very special month. The Flower Festival takes place in August from the twelfth to the twenty second of August.

It is an international festival with colourful flowers of all sizes and shapes. For eleven days you can see fantastic displays of flowers everywhere. People carry a lot of wonderful flowers and walk along the city streets. There are many traditional celebrations and classic car shows during the festival. You can also enjoy horse rides and fireworks. I love the Flower Festival because it is a lot of fun.

1 Read and circle the most appropriate title for the passage.

- a. My lovely family!
- b. My favourite festival!
 - c. My special day!

2 Read and underline the correct words.

- a. Bianca lives with her (grandmother mother sister) and brother.
- b. Medellin is a (small old large) city.
- c. (August June January) is a special month for Bianca and her family.
- **d.** The Flower Festival starts on $(11^{th} 12^{th} 22^{nd})$ August.
- e. You can see displays of flowers for 11 (hours days weeks).
- f. People (walk carry enjoy) fireworks and traditional celebrations.

Read then complete with the missing words

- a. People walk along the city ______.
- b. The Flower Festival is a lot of ______.

1 Look, trace and write.



2 Look then match and write the correct words.

enjoy - kite - third - favourite - celebrate - colourful - dress up - parade - year - February

a.	We Eid after Ramadan every	3
	My sister likes to for the festival.	
	I the camel	
	There are many birds at the zoo.	
	Today is the of	
t.	Mona flies the green very high. It is her	one.

3 Now, over to you.

Qatar Sports Day takes place on the	
of every February.	SPORTS

Routines

Listen to the newspaper reporter talking to two persons in the street then answer the following questions.

Charles, do you always get up early in the weekend?

What do you do in the weekend?

Does your mother make dinner every night?

What does your mother do during the week?

Do you drive your car daily to work, Adam?

Can you tell us a little about your weekly routine?

What about your neighbour, David? Does he go jogging every day?

What's David's weekly







No, I don't. I sometimes wake up late.)

I always visit my grandparents on Friday then I go swimming. I sometimes go cycling. On Saturday I usually do my homework and tidy my bedroom.

Yes, she does. She always cooks delicious food for the family.

My mother is a housewife. She cleans the house every day. She often does the laundry and irons the clothes two times a week. She waters the plants once a week.

> Yes, I do. I never go by bus to work or take a taxi.

Sure! I go to the barbershop once a week. I buy groceries twice a week. I work out in the gym three times a week.

> No, he doesn't go jogging. David surfs the Net and reads the newspaper every day.

Well, he watches a football match or a movie twice a week. He often goes sailing in the weekend.



No

No

No

No

No

No

Yes

Yes

Yes

1 Listen then tick ☑.	
The newspaper reporter in the listening asks people abou	t their
food week school	
2 Listen and circle Yes or No.	
a. Charles always gets up early.	Yes
b. Charles sometimes goes cycling.	Yes
c. Charles' mother does the laundry three times a week.	Yes

3 Listen and write one word.

d. Adam never goes to work by bus.

e. Adam buys groceries once a week.

f. David goes sailing in the weekend.

- a. On Saturday Charles usually does his ______
- b. David watches a _____ match twice a week .
- 4 Now, practise the dialogues.















newspaper newspaper reporter

schedule

sleep

wake up













visit grandparents clean the house

tidy bedroom

buy groceries

drive a car

make dinner













do the laundry

iron the clothes water the plants surf the Net play online games

play chess













go out with friends watch a movie football match go swimming

go sailin

work out in the gym











go jogging

go cycling

housewife

neighbour

barbershop

every

day = dailynight morning week = weekly month year

Adverbs of frequency						
always						
usually						
often						
sometimes						
never						

once = one time twice = two times three times a week four times five timesetc

Note



- -Do you always wake up early? Yes, I do. / No, I don't. Yes, we do. / No, we don't.
- -Do they drive a car? Yes, they do. / No, they don't.
- -Does he/she walk to school? Yes, he/she does. / No, he/she doesn't.
- -What do you do on Thursday/in the weekend?

I/We sometimes go cycling with friends.

-What does your brother/sister do on Friday?

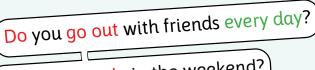
He/She plays online games.

He/She doesn't play chess.

-We/You/They don't play tennis.

2 Look at the weekly schedule below then ask and answer. Take turns...

	WEEKLY SCHEDULE					
	Saturday	Monday	Tuesday	Wednesday	Thursday	Friday
ı	go out with friends	go jogging	read the newspaper	go swimming	play online games	drive to the beach
Reema	buy groceries	iron clothes	water the plants	buy groceries	tidy the house	go shopping
Saif	go to the zoo	go cycling	watch a movie	go cycling	go cycling	go to the barbershop
Richard	play chess	work out in the gym	work out in the gym	play chess	work out in the gym	go to the cinema
Emily	make dinner	surf the Net	tidy the bedroom	make dinner	do laundry	visit grandmother



What do you do in the weekend?

Does Saif go swimming sometimes?

Does Richard usually work out in the gym?

What does Emily do on Monday?

No, I don't. I go out with my friends once a week.

I drive to the beach.

No, he doesn't.

Yes, he does. He works out in the gym three times a week.

She surfs the Net.





- Do you go?
- What do you do during the week?



- Do you always?
- What is your weekly routine like?



Read the passage then answer the following questions.

Osama is forty-seven years old. He is tall and slim. He works at the hospital. He treats ill people. He wears a long white coat. Osama gets up early every morning and reads the newspaper. He usually drinks his coffee and eats a few dates. He often has breakfast with his family. Osama likes eggs but he does not like cheese. He buys groceries from the supermarket twice a week. Osama surfs the Net and watches sports TV shows on Wednesdays. He goes swimming with his friend once a week but he never goes sailing. In the weekend he sometimes goes to the cinema with his young brother.

1 Read the text and circle.

The reading text is mainly about Osama's family.

2 Read then choose.

- a. Osama isyears old.
 - a. 38

b. 47

c. 74

- b. Osama works at the
 - a. cinema
- b. hospital
- c. supermarket



a. eggs

b. dates

- c. cheese
- d. Osama buys groceries a week.
 - a. once

b. twice

c. three times

- e. Osama does not go
 - a. shopping
- **b.** swimming
- c. sailing
- f. He goes to the cinema with his brother.
 - a. always
- b. never

c. sometimes

3 Read then answer the following question.

What is Osama's job?

Osama is a

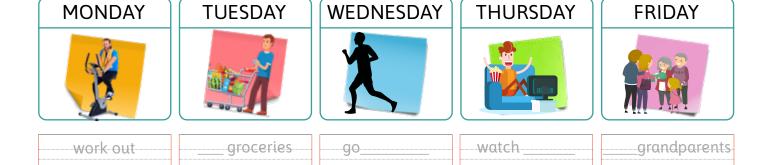


No

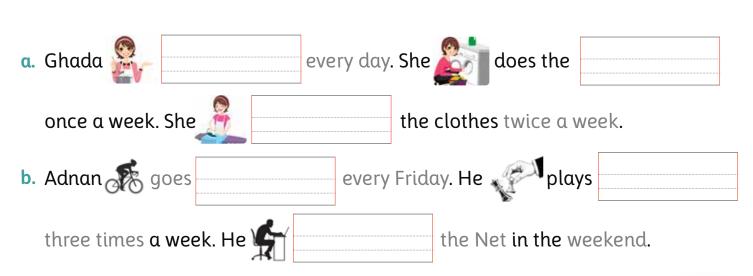


1 Look at Tony's weekly schedule, trace and write.

MY WEEKLY SCHEDULE



2 Look, trace and write.

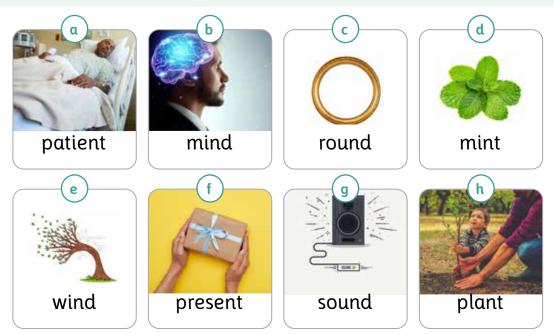


3 Now, over to you.

What do you do during the week?



Listen and say. Circle the /nd/ sounds. Underline the /nt/ sounds.





a.

mi

b.

C.

pla

nt





Look, match and write.

prese









1 Listen and say. Then underline the s blend in each word.

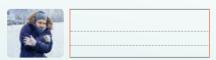
a	<u>sm</u> ile	9	stool	m	squirrel
b p	smell	h h	star	n	square
C	snow	(i)	sky	© 24 2	slam
d	sneeze	i)	skate	P	sleep
@ *	spider	k 0	<u>sc</u> ale	q	sweets
f	spin	(i)	score	r	sweater

2 Read, circle the s blend then match.

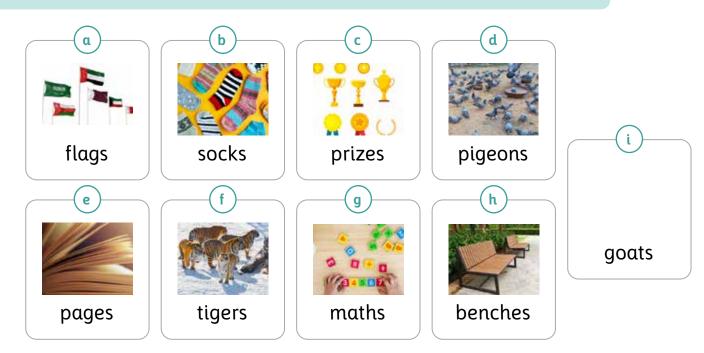
stool slam spider sneeze square sweets



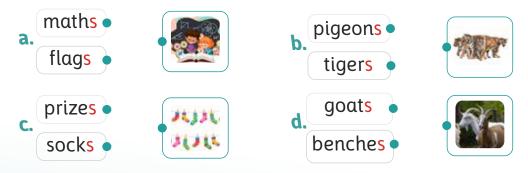
- 4 Read, look and write.
 - a. The is hungry.
 - b. You need to eight hours every day.
 - c. I want my blue . I don't like



Listen and say. Highlight the /s/ sound. Circle the /z/ sound. Underline the /IZ/ sound



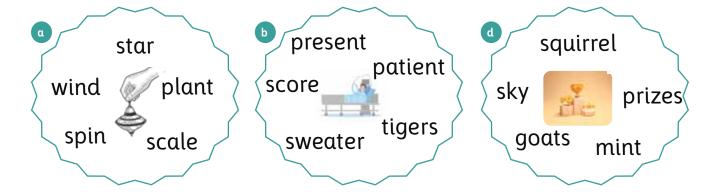
Read, match and say.



Look, reorder and write.



1 Look, read and circle



2 Read then cross the odd one out.

a.	benches	tigers	pages	prizes
b.	sneeze	skate	mind	smile
C.	maths	goats	socks	flags
d.	round	mint	patient	plant
e.	flags	pigeons	benches	tigers
f.	sweets	wind	square	star

3 Read then write.

fry blonde shave round sneeze dry smell plane sweater mind wash clap lotion bridge sound dry shampoo catch plane

s blends	/nd/ sounds	r blends	/sh/ sounds	l blends

Module 3

ACTIMITIES

LEAD-IN

- Is time important? Why?
- Can you tell the time?
- When do you go to/leave school/work?
- How much time do you need to arrive home?
- What is your dailyweekly timetable like?
- What are the important hours/days/weeks/months/years to you?
- Why are they important to you?
- Can you name some celebrations in your country?
- When do they take place?



What are you doing?

Listen then answer the following questions.

Mum is abroad visiting my sick uncle in Jordan.

Good afternoon, Deema dear? How're you doing?

My brother's resting in his bed now. I hope he gets better soon.

I miss you too.

Deema, are you drawing and painting your pictures for the art class?

What're you doing now?

Is your grandmother listening to the radio?

Is your brother skateboarding now? What's he doing at the moment?

Are your little sisters playing computer games?
What're they doing now?

Is your father watching the wildlife TV show now?

Are the cats hungry? Are they sleeping at the moment?



We hope the same. We miss you.

No, mother, I'm not.

I'm studying for my geography exam and helping my big sister with her school project.

Yes, she is. She's busy. She's knitting and listening to the radio now.

No, he isn't. He's feeding his goldfish.

No, they aren't. They're reading a storybook.

No, he isn't. He's changing his car flat wheel.

No, they aren't. The black cat's sleeping but the funny grey cat is playing with the blue yarn. Mum, don't worry! Everything's all right! Just relax.

	1	Listen	and	circle	Yes	or	No.
Ν							

In the listening Mum wants to know what her family does every day. Yes No

2 Listen and tick ☑. What are they doing now?

Uncle	a. watching TV b. resting in bed	
Deema	a. studying for examsb. painting pictures	
Big sister	a. watering the plantsb. doing a school project	
Grandma	a. sleepingb. knitting	
Brother	a. feeding the goldfishb. playing football	
Little sisters	a. reading a storybook b. flying a kite	
Dad	a. buying groceries b. changing a wheel	

3 Listen, think then answer.

What's mother doing now? She is

4 Now, practise the dialogue.



1 Say the words.



listen to the radio skateboard feed the goldfish play a computer game storybook











wildlife TV show change a flat wheel

funny

take out the rubbish

rest / relax









uncle hope get better

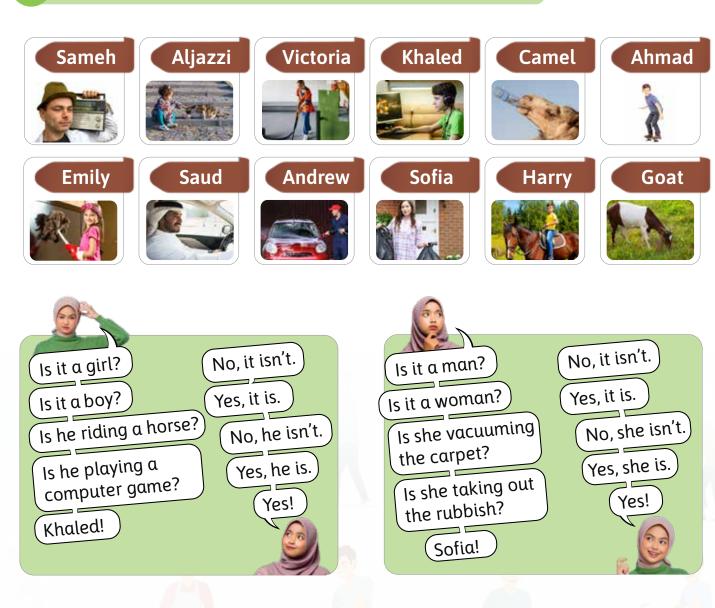
wipe off the dust sweep the floor fold clean clothes vacuum the carpet

Note



- -Are you eating now? Yes, I am. /No, I'm not. / Yes, we are. /No, we aren't.
- -Is he/she/it drinking water at the moment? Yes, he/she/it is. /No, he/she/it isn't.
- -Are they watering the flowers now? Yes, they are. /No, they aren't.
- -What're you doing at the moment? I'm studying science at the moment.
- -What's he/she/it doing? He/She/It's sleeping.
- -What're you/they doing now? We/They're cleaning the house now.

2 Play a guessing game. Ask and answer. Take turns.



3 Now, over to you.



What are you doing at the moment?



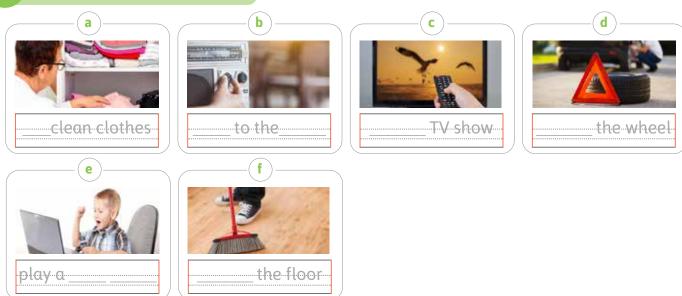
What are they doing now?



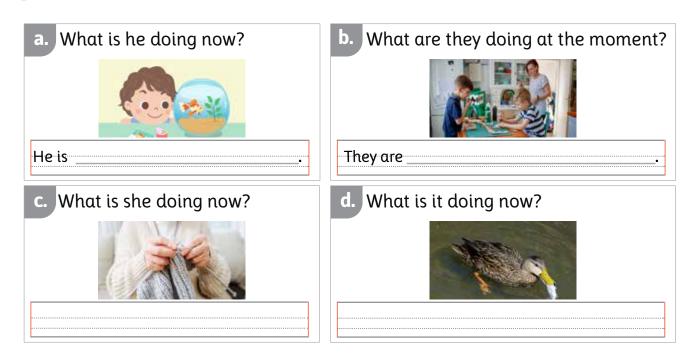
Read then answer the following questions

Iteu	a their answer the lottowing qu	Cottolio.					
New messa ™ Khawla	ge		– ∠ ×				
Subject It's Fri	day!						
Dear K	nawla,						
Good	Good afternoon. It is a wonderful cloudy day in Doha Oxygen Park today. My						
family	and I are enjoying ou <mark>r time</mark> here. D	ad is reading a history sto	rybook at the				
momer	nt. Mum is cutting a c <mark>arro</mark> t cake fo	r everyone. My grandpa	is sitting on a				
	n benc <mark>h. H</mark> e is over the <mark>re</mark> under th	·	_				
	oking at the flowers around. Moza						
•	ke. Fahad is not skateboarding no						
	ds here but I am not feeding them hat and drinking my favourite appl		· · · · · · · · · · · · · · · · · · ·				
	re you doing at the moment, Khawl		•				
Goodb		a. I tease write back arta	ett me.				
Nora							
SEND A							
L Re	ead and tick 🗹 the most appro	priate title for the ema	ail.				
a . <i>A</i>	At the bakery b. At the res	c. At the	park				
2 Re	ead and write (a-f).						
a	The family is here.	Reem					
b	He is sitting under the trees now	. Ali					
C	She is flying a kite.	☐ Nora					
d	She is riding a bike.	Doha C	xygen Park				
е	e He is playing football.						
f	f She is wearing a funny hat at the moment. Grandpa						
3 Re	ead then answer the following	question.					
~ 1/	What is the weather like on Friday						
	Vhat is the weather like on Friday oha?	b- What is the colour of	Nora's hat?				
III L	onu:						
• • • • • • • • • • • • • • • • • • • •							





2 Look and write. What are they doing now?



3 Now, over to you.

What are you doing at the moment?

Draw or stick a picture

Follow the rules

Listen then answer the following questions

Dad, we like road trips but we hate seat belts.



Kids, it's necessary for your safety. You must fasten your seat belt.

I must fasten my seat belt, too.



I must follow the road signs.

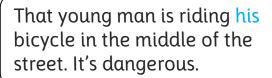
Look, Dad! The speed limit is eighty.
You mustn't drive fast.
You must slow down.



Look at those pedestrians. They mustn't run across the street!
They must use the zebra crossing.





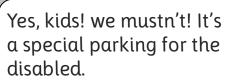


Mum, he also must wear a safety helmet to protect his head.

You're right, Philip. He must use the bicycle lanes.

You're a clever girl, Jane. Always stay safe on the street.

Dad, we mustn't park our car here.



We must park our car over there.



We mustn't shout at the museum.

Look at that museum sign! They mustn't take photos.

That girl is eating her burger in the museum.

Yes, my dear. We must be quiet and polite. We must listen to the museum guide.

Oh, no! everyone must follow the museum rules.

They mustn't use their mobile phones to take photos.

Visitors mustn't eat or drink in the museum.



Dear Philip, you mustn't drop litter in the museum. Dear Jane, you mustn't touch the exhibits.

OK, Dad. We understand. We are in the museum and we must follow its rules.

The family is going to the

- a. park by bus.
- b. cinema by rail.
- c. museum by car

2 Listen and write T for True and F for False.

a. The kids hate road trips.	
b. It's not necessary to use seat belt.	
c. The speed limit is eighty.	
d. The young cyclist must use bicycle lanes.	
e. Dad isn't parking in the special parking for the disabled.	
f. It's OK to shout at the museum.	
g. Visitors can eat and drink in the museum.	
h. Visitors mustn't touch the exhibits.	

3 Listen, think then complete

The young man riding	g his bicycle mus	t wear a (1)	tc
protect his (2)			

4 Now, practice the dialogues.



















follow fasten seat belt stay safe rules









dangerous

be polite



speed limit

slow down

pedestrians



be quiet



parking for the disabled

visitor

use the bicycle lane

protect

clever

park the car

shout

necessary

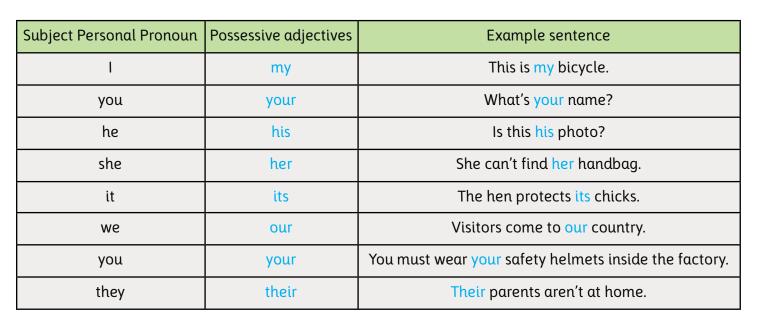
everyone











Note



I must fasten my seat belt. I mustn't run across the street.

You must slow down. You mustn't drive fast.

He must be quiet. He mustn't take photos.

She must use the zebra crossing. She mustn't park here.

It must stop. It mustn't be fast.

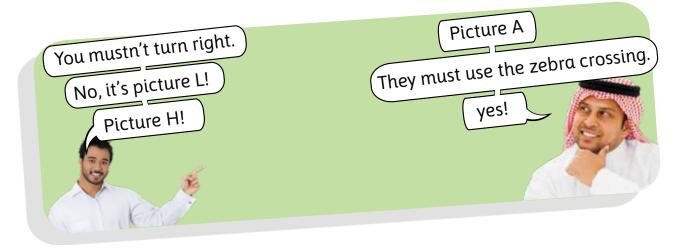
We must follow the rules. We mustn't touch the exhibits.

You must pray Fajer. You mustn't sleep too late.

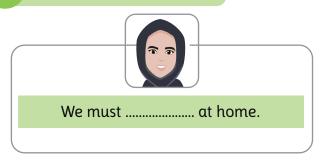
They must listen to the museum guide. They mustn't shout.

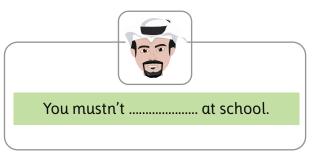
Play a guessing game. Speak about the pictures. Use must/mustn't. Take turns.

А	®	В	18	С	S A SLOW DOWN
D		E		F	
G	♦ 6 56	Н		I	
J		K	NEVER FLY	L	® —
М	N	N		0	To the state of th



3 Now, over to you.







اء التذاكر Iravel Cards

Read Jassim's blog then answer the following questions.

Good morning to all my friends! Today is Wednesday 16th March 2022. Here I am, Jassim, travelling on Doha Metro for the first time. It is really fast and modern. There are some rules to follow when you travel by Qatar Rail. Let me tell you about some of these rules. First, everyone must get a travel card. Then, Doha Metro travellers must always be quiet and polite. For example, they must not shout or play loud music. They must not stand or sit in front of doors. They must not also place their feet on the train seats. Oh, no! I see a young man with his red bicycle. He must not bring his bicycle on the metro train. There is a woman carrying a takeaway parcel. She must not eat food on the train. We must not drop litter anywhere. We must keep Doha Metro clean. I am having a great time now. Goodbye, my friends!

1	Re	ad	and	cho	ose.

The reading text is mainly about Doha Metro

- a. stations
- b. rules
- c. times

2	Read	then	circle	the	correct	words.

- 1. Which month is it?.
 - a. February
- b. March
- c. May
- 2. Jassim is travelling on Doha Metro for the time.
 - a. first

- b. second
- c. third
- 3. Everone must get a to travel by Doha Metro.
 - a. bicycle
- **b.** parcel
- c. card
- 4. Travellers on Doha Metro must always be
 - a. loud
- b. polite
- c. fast
- **5.** Travellers must not place their on the seats.
 - a. hands
- b. b. bags
- c. feet
- 6. has a red bicycle at Doha Metro.
 - a. A woman
- b. Jassim
- c. A man

Read, think then answer.

- **b.** What is the woman carrying?



1	Look, write an	nd say	1 z	2 3
a		 -	4 b	p s
b	•	litter /		5 d
C		limit		6 s d
d	p edestrians			
е	slow down	STOP		8
f.		crossing 🔲 🕨	(A) (B) (B)	S
g	•			9 s
h	•	lane 🗌 🚱	(%) 🕞 🐼	
i.				
2	Look then wri	te sentences. Us	ee must/must	not.
	a.		b.	25
	He	his seat belt.	We	quiet.
	c.		d.	
	You		They	their cars.
3	Now, over to y	ou. Write a sent	ence. Use mus	st/must not.
				Draw or stick a picture

Going on a vacation

Listen then answer the following questions

Good morning, Sir. This's Sunshine Travel Agency.

How can I help you?



Good morning. I'd like to travel abroad.

Are you travelling for pleasure or business?



I'm travelling for pleasure.

OK, where would you like to go?

How long is your vacation?

Are you travelling alone?

When exactly would you like to book a flight?

Where would you like to stay?

Would you like to reserve a hotel room?



I'd like to travel to Singapore.

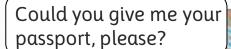
It's just one week.)

No, I'm not. I'm travelling with my wife and daughter.

I'd like to book α flight on December 24.

I'd like to stay in a four-star hotel.

Yes, I'd like a double room, please.



You can pay by card, cash or cheque.

How would you like to pay?



Of course, here it is.

I'd like to pay by credit card, please.

All done!

These are your flight tickets and the hotel reservations. Enjoy your vacation!



Thank you very much. I will.

1 Listen and circle Yes or No.

The listening is about a man going camping.

Yes

No

2 Listen and tick ☑

Sunshine Travel Agency Form						
a. travel	- locally □ - abroad □	e. month	- January - December - other:			
b. travelling for	- pleasure 🗌 - business 🗆	f. staying in	- hotel □ - apartment □			
c. going to	- UK □ - USA □ - Singαpore □ - other:	g. type of room	- single - double			
d. number of days	- 2-4 days - 5-7 days - month - other:	h. payment	- cash - card - cheque			

- 3 Listen, think then complete.

 - **b.** What do you need to travel? and and
- 4 Now, practise the dialogue.





vacation



sunshine



travel



travel agency



locally ≠ abroad



pleasure



business



Singapore





alone



stay



book a flight



reserve



reservation



three-star



apartment



single room



double room



passport



ID (identification card)



pay/payment



credit card



cash



cheque



flight ticket

- exactly
- of course

Note

Would you like to? Yes, I/we would. / No, I/we wouldn't.

Could you give me your ID? Yes, of course! / Sure! Where would you like to?

I'd/ We'd like to

When exactly would you like to?

I'd/ We'd like to

What would you like to?

I'd/ We'd like to

He'd/She'd/They'd like to

I'd = I would

wouldn't = would +not

2 Look at the table and work in pairs. Ask and answer. Take turns.

	place	time	stay in	activities	payment
А	Kuwaif	October 24	three-star hotel	learn about history and heritage	cash
В	ITALY	summer	four-star hotel	enjoy nature	credit card
С	*	June 7	apartment	eat traditional Omani food	cheque
D		spring	five-star hotel	see the Great Wall of China	credit card
E		January	apartment	visit the museums	cash

(Would you like to go to Kuwait for a vacation?)

Where would you like to go?

(When exactly would you like to visit Oman?

(Where would you like to stay in Oman?)

What would you like to do in Oman?

1

How would you like to pay for your vacation?

(No, I wouldn't.

I'd like to go to Oman.

(I'd like to go to Oman on June 7.

(I'd like to stay in an apartment.

l'd like to eat traditional Omani food.

I'd like to pay by cheque.



3 Now, over to you.



Where would you like to go for a vacation? I'd like to



How would you like to pay for your vacation? I'd like to



Read the text below then answer the following questions.

New message	_ ₽ X
To fantasticjourneys@mail.com	
Subject Booking for a family trip	
Dear all, I send you this email because we would like you to plan our far We would like to travel abroad on a long trip to a country in Eustay at hotels during our summer holiday. We would like to stay markets, restaurants and museums. My husband and son wo food and enjoy nature. I would like to visit museums and go shis a lot of pleasure for us and we would like to have a great book our flights and make the reservations? My husband would Please write back and let us know your answer.	rope. We would not like to y at apartments near local uld like to eat traditional apping. Travelling abroad time as a family. Can you
	Thank you. Elizabeth
SEND A 1 @ *	• • •
1 1.Read and circle.	a. following rules
The reading text is an email about	b. visiting a doctorc. travelling abroad
2 Read then write T for True and F for False.	
 a. Elizabeth would like to travel alone. b. Elizabeth and her family would like to book a trip c. They would not like to stay at hotels in summer. d. Elizabeth would like to eat traditional food. e. Her husband would like to enjoy nature. f. She would like to go to museums. g. It is not a pleasure to travel abroad for Elizabeth and Elizabeth's husband would like to pay by cash. 3 Read, think and complete. 	
a. Elizabeth and her family would like to be nearb. Fantastic Journeys is the name of a	



Look, write and say









make a

room

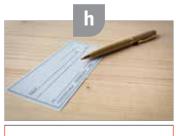
and daughter

a flight









travel

identification

Look then write sentences. Use would/would not like to.

a.



b.



I would like to

We would not like to





They _

Now, over to you. Write a sentence. Use must/must not.

I would like to

with my

We would like to stay in

for



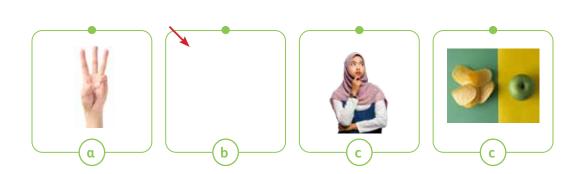
1 Listen, say and circle the θ sound.

Amina is thirty-three. She's not thin. I think she should eat healthy food three times every day.

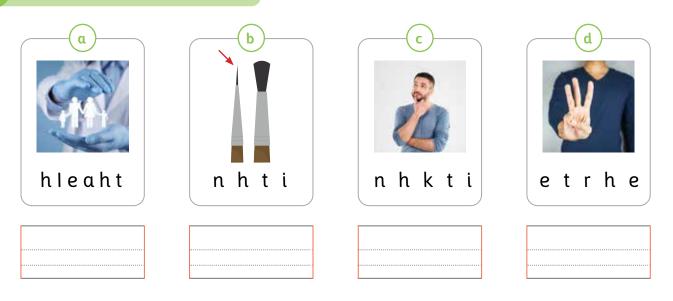


2 Look, match and match.

thin think healthy three



3 Look, reorder and write.

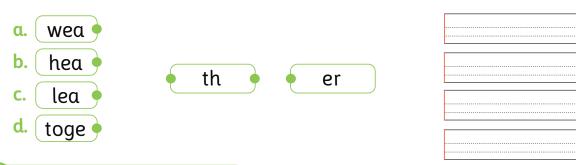


1 Listen, say and circle the /ð/ sound

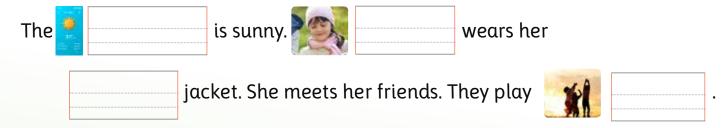


The weather is cold.
Heather and her
family sit together
around the fire. They
wear heavy leather
clothes.

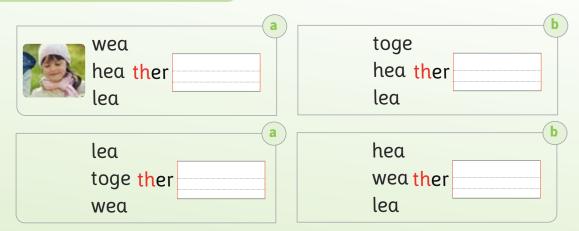
2 Match, write and say.



3 Look, read and write.



4 Look, match and write.



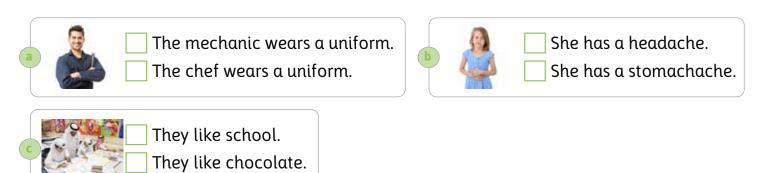
1 Listen, say and tick \square the words with the sound /k/



2 Listen, read and write.

a	s ch ool	
b	a ch e	
c	me ch anic	
	stoma ch	

3 Look, read and tick ☑



1 Read, look and tick ☑



2 Look, read and write.

You are overweight. Eat food.
 They play in the garden.
 His is full.
 This boy is a tall and is rainy.

3 Read and write.

healthy – mechanic – weather - thin – leather – stomach

/k/ sounds	/ð/ sounds	/ <code>ፀ/</code> sounds

Phonics

	Sounds	Words
	l blends	
	/pl/	play - plane
	/bl/	blonde
	/kl/	clap
	/gl/	glad
	/fl/	fly
	/sl/	slide
E io	/?/	shave - wash up - shampoo - lotion
lul	/t?/	nature – catch – cherry – peach
Module 1 Health	r blends	
_	/pr/	press
	/br/	bridge
	/kr/	crab
	/gr/	grill
	/fr/	fry
	/tr/	tree
	/dr/	dry

		In A I	
	/nd/	mind – round – wind – sound	
/nt/			patient - mint - present - plant
2	s blends		
		/sm/	smile – smell
		/sn/	snow - sneeze
		/sp/	spider – spin
	/st/	stool – star	
npc	Time	/sk/	sky – skate
Σ	•	/sk/	scale – score
		/sl/	slam – sleep
		/sw/	sweets -sweater
		/skw/	squirrel – square
		/s/	maths – socks - goats
		/z/	tigers - flags - pigeons
		/ız/	benches – pages - prizes
Module 3 ACTIVITIES	IES	/0/	thin – think – healthy - three
	/ð/	weather - heather - together - leather	
	/k/	ache – stomach – school - mechanic	